



C2M

EMF Exposure Constrained Wireless Networks

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RSTN - Theoretical foundations of future communication networks



WHO ARE WE

C2M



- **Modélisation**
- **Caractérisation**
- **Maîtrise**

des **expositions** aux ondes électromagnétiques

<https://chairec2m.wp.imt.fr/>

Permanent



Joe Wiat



Shanshan Wang

PostDocs:



Yarui Zhang
2023.01 - now



Samar Chebbi
2025.10 -



Paul Lagouanelle
2025.10 -

PhDs:



Yukun Liu
2024.11 - 2027.10



Qunfei Sun
2024.10 - 2027.09



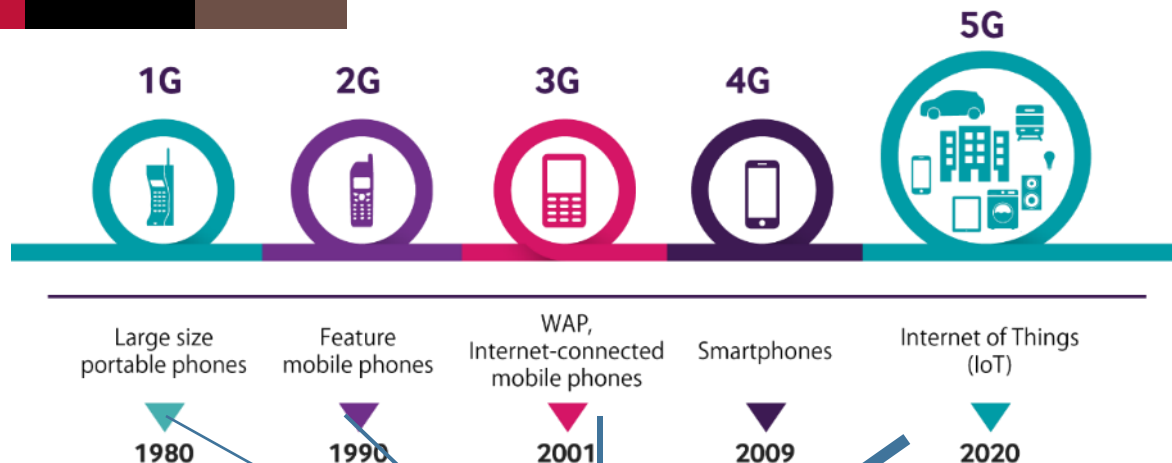
Minh-Huy Nguyen
2025.09 - 2028.08



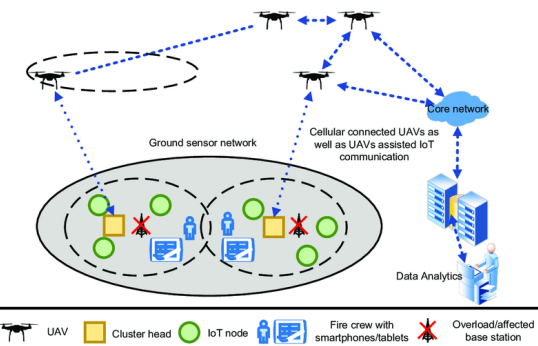
Shuangning Li
2025.09 - 2028.08



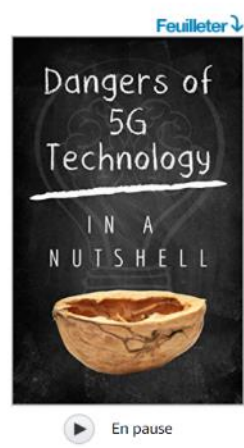
WHAT IS EMF EXPOSURE?



- Wider Spectrum (mmWave)
- High Spectrum Efficiency (Massive MIMO)
- Mass connectivity (IoT, small cells)



Public Concerns on EMF Exposure



Dangers of 5G Technology (English Edition)

Édition en Anglais | de In A Nutshell (Auteur) | Format : Format Kindle

★★★★★ 4 évaluations

Afficher tous les formats et éditions

Format Kindle Emprunt abonnement	Livre audio 0,00 € Gratuit avec l'offre d'essai Audible	Broché 6,82 € 2 Neuf à partir de 6,82 €
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Ce titre et plus d'un million d'autres sont disponibles sur Abonnement Kindle. Le prix d'emprunt à la page est disponible ici. 3,36 € à l'achat

You may have heard of 5G and want to understand what 5G technology is; and what da

There are various reasons 5G technology and networks are being introduced. The nrim tech the i

“It is known that there are no safe EMF radiation levels”

Since 5G technology have not been conducted on either the short- or long-term heal the impact of the radiation of 5G on humans. However, it is known that there are no sa



WHAT IS EMF EXPOSURE?

To quantify the EMF exposure level:

Specific absorption rate (SAR) a measure of the rate at which the body absorbs RF energy from an EM field.

$$\text{SAR} = \frac{\text{absorbed power in volume } V \text{ (watts)}}{\text{mass of the volume } V \text{ (kg)}}$$

Alternatively,

$$\text{SAR} = \frac{\sigma E_{RMS}^2}{\rho}$$

- σ is the conductivity (S/m)
- ρ the mass density (kg/m^3)
- E_{RMS} is the electric field strength (V/m)

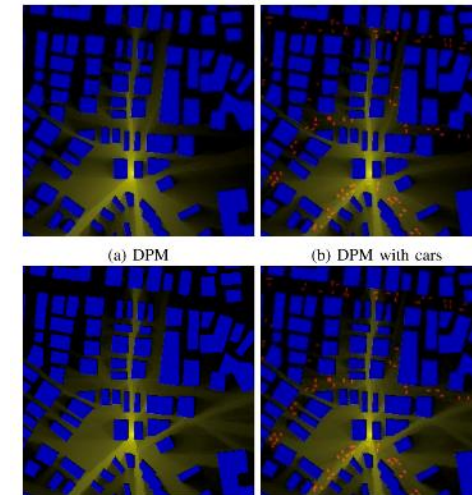
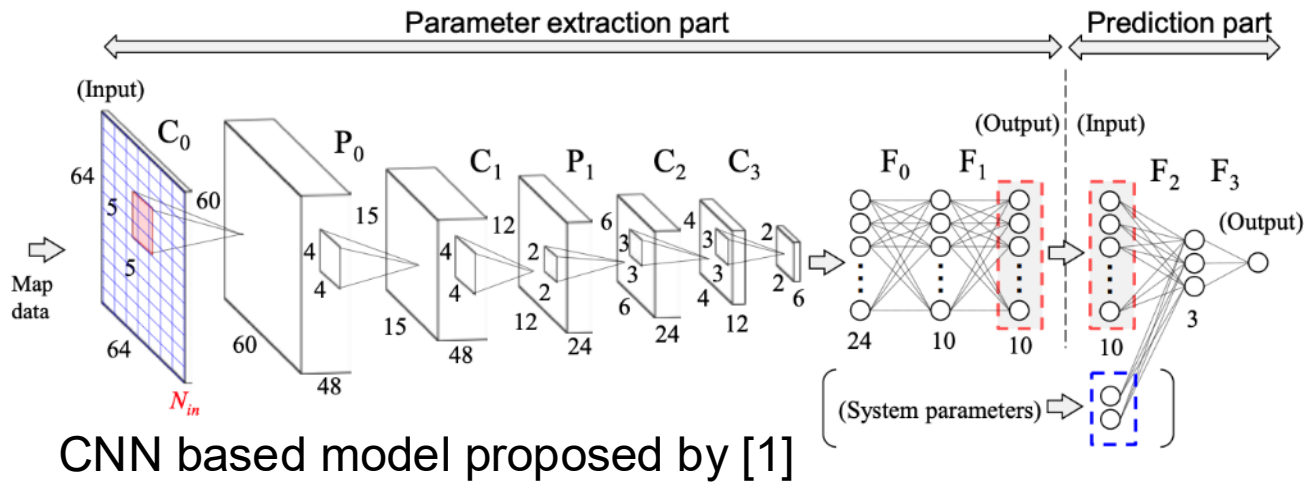
Our Objectives:

Take EMF exposure as a constraint in the network design

- **Exposure mapping assisted/aware design**
- **Performance evaluation on EMF exposure from future wireless networks**

Exposure mapping assisted/aware design

RECENTLY ON RADIO MAPPING



Radio mapping in outdoor scenario [2]

Applications:

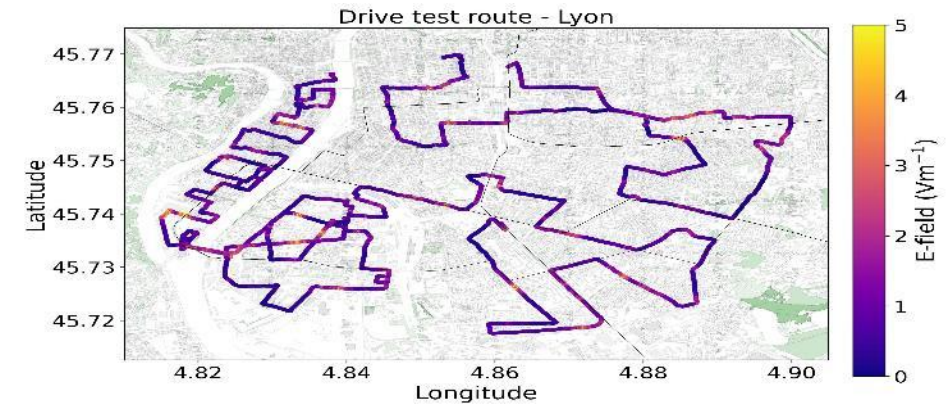
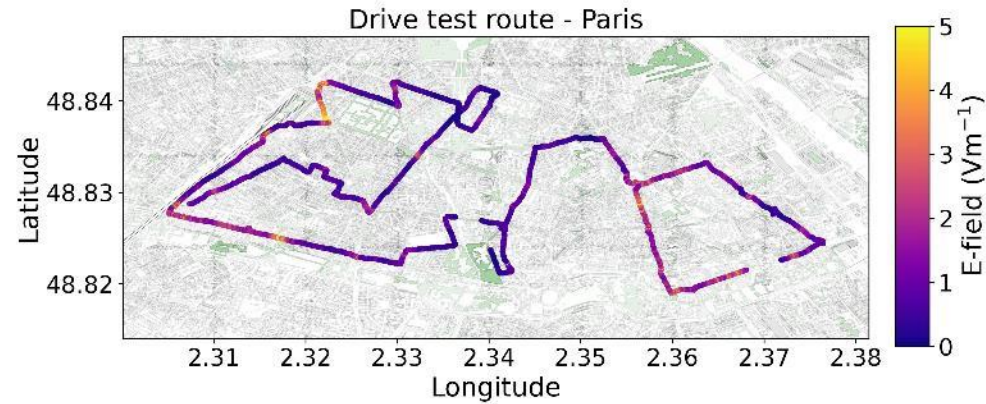
- Radio map-enabled localizations.
- Radio map-assisted integrated sensing and communication.
- Radio map-assisted spectrum sharing.

[1] T. Imai, K. Kitao, and M. Inomata, "Radio propagation prediction model using convolutional neural networks by deep learning," in 13th Eur. Conf. Antennas Propag. EuCAP 2019, 2019, pp. 1–5.

[2] R. Levie, c. Yapar, G. Kutyniok, and G. Caire, "Ra- PREPRINT 15 diounet: Fast radio map estimation with convolutional neural networks," IEEE Trans. Wirel. Commun., vol. 20, no. 6, pp. 4001–4015, 2021.

NOVEL DL BASED EXPOSURE MAPPING

Measurement data collection



	Paris	Lyon
Date	2024.01	2023.02
Nb. of points	7516	19062
dis. between 2 pts.	2.76 m	3.36 m
GPS data	CSTB	Geotracker



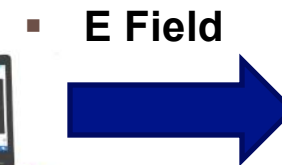
Tektronix Tri-axis antenna



Switch+Arduino



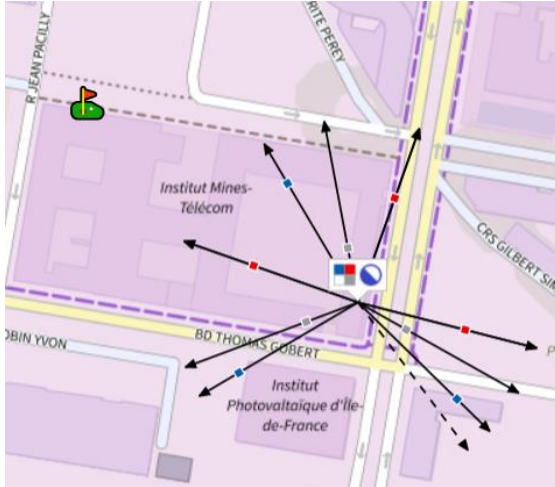
PC



Measures (MHz):
700,
800,
900,
1800,
2100,
2600,
3500

INPUT DATABASE

1. Base station antennas (BSAs) channels: information from cartoradio.fr (ANFR)

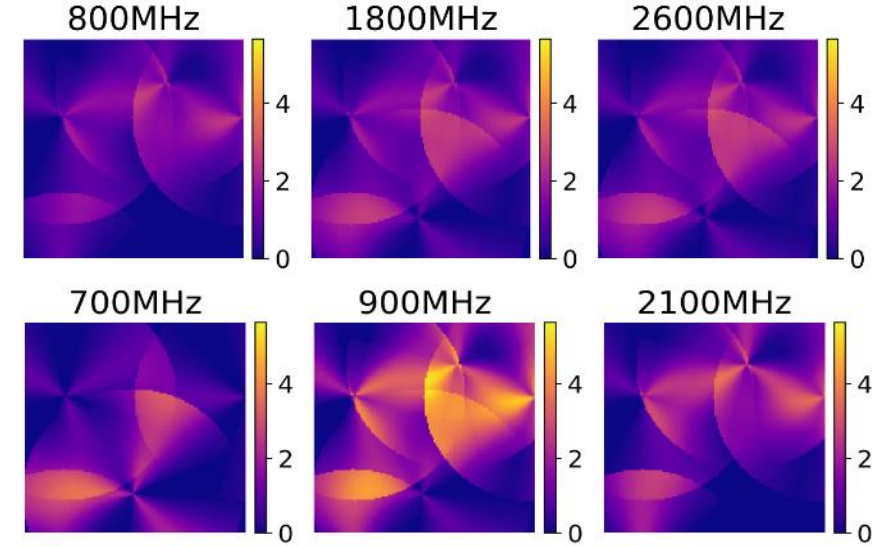


Information available

- Location,
- Height,
- Azimuth,
- Type,
- Operation frequencies

Information not available

- Downtilt,
- Emitted power



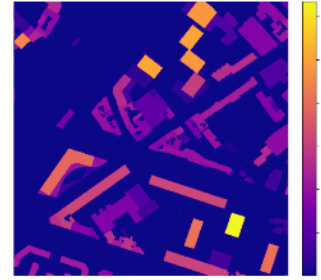
2. Geospatial channels: dataset from IGN



Infrared image

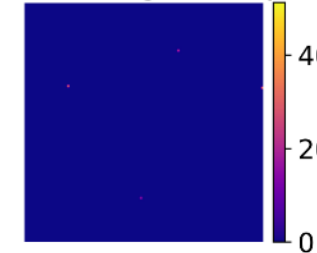


Land cover

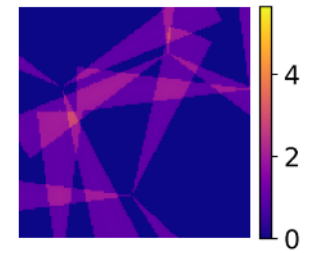


Building height

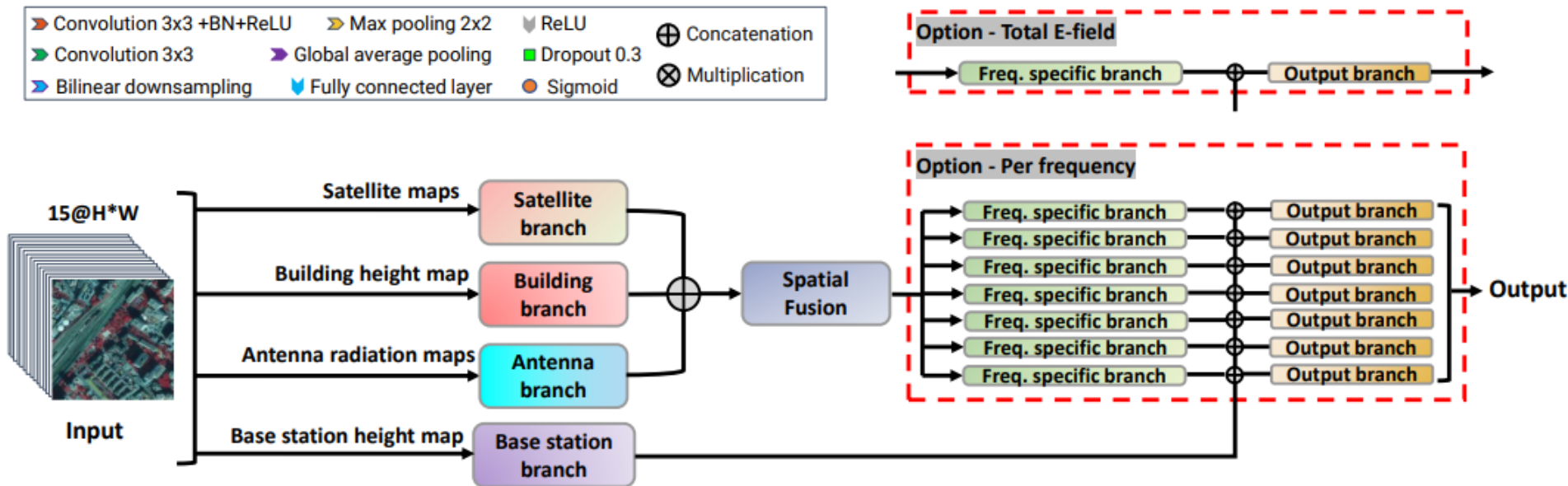
BSA height map



3500TDD



PROPOSED DEEP LEARNING MODEL STRUCTURE



- Specifically designed sub-branches
- Spatial fusion step
- Flexible output layers

[1] Zhang, Yarui, **Shanshan Wang**, and Joe Wiart. "ExposNet: A deep learning framework for EMF exposure prediction in complex urban environments." Under revision of IEEE Transactions on Antennas and Propagation (2025).

EXPERIMENTAL SETUP

■ Dataset division:

In total: 1271 (Lyon) + 418 (Paris) = 1689 samples

Training : 1539 samples (Lyon + Paris)

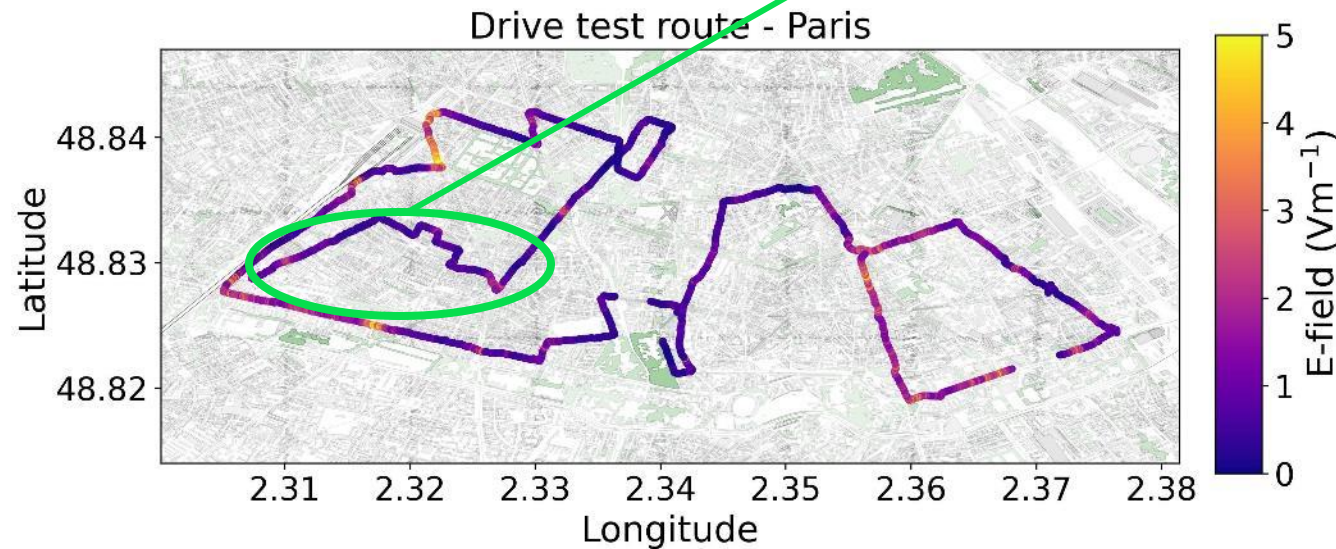
Testing : 150 samples (Paris)

No dataset shuffling

A segment of route for testing, the remaining part for training



Extrapolation



EXPERIMENTAL SETUP – LOSS FUNCTIONS

■ Basic criterion: Mean Square Error (MSE)

• Option - Per frequency:

$$\mathcal{L}_1 = \mathcal{D} + \lambda \cdot \mathcal{C}$$

Data fidelity term
Regularization coefficient
Constraint

$$\mathcal{D} = \frac{1}{N_s \times N_f \times 2} \sum_{i=1}^{N_s} \sum_{j=1}^{N_f} \sum_{k=1}^2 (y_{\text{pred}}[i, j, k] - y_{\text{true}}[i, j, k])^2$$

$$\mathcal{C} = \frac{1}{N_s} \sum_{i=1}^{N_s} (E_{\text{total_pred}}[i] - E_{\text{total_true}}[i])^2$$

$i \in [1, N_s]$ is the sample index, $j \in [1, N_f]$ is the frequency band index, $k = 1, 2$ corresponds to RMS or STD

• Option - Total E-field:

$$\mathcal{L}_2 = \frac{1}{N_s \times 2} \sum_{i=1}^{N_s} \sum_{k=1}^2 (y_{\text{pred}}[i, k] - y_{\text{true}}[i, k])^2$$

■ Evaluation Metrics:

- Root Mean Square Error (**RMSE**)
- Mean Absolute Percentage Error (**MAPE**)

RESULTS: TESTING ON PARIS'S DATASET

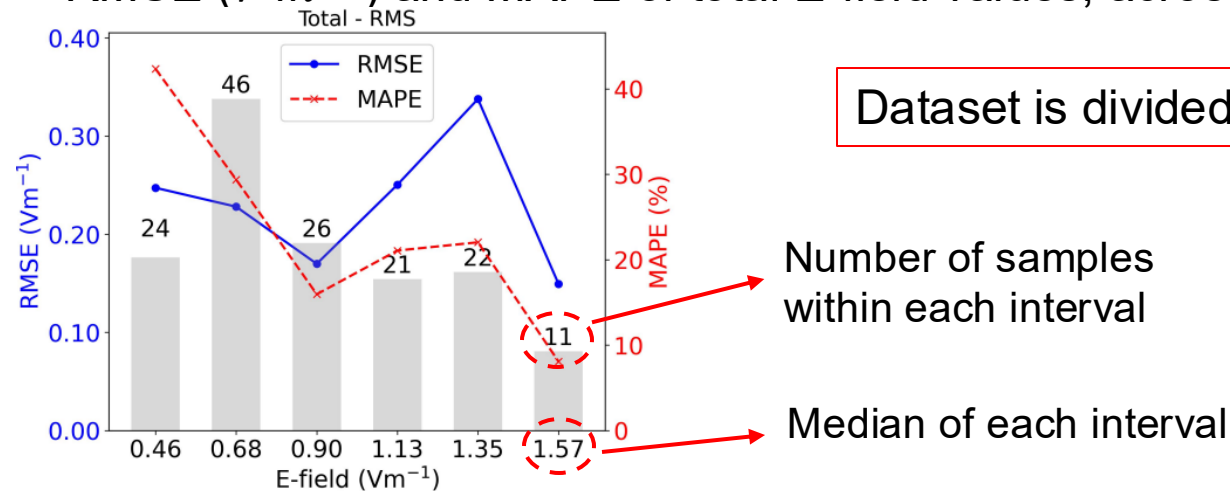
« Option - Per frequency »

- RMSE ($V m^{-1}$) of per-frequency predictions

Freq. (MHz)	700	800	900	1800	2100	2600	3500	Total
RMS	0.129	0.149	0.085	0.125	0.130	0.102	0.058	0.241
STD	0.077	0.099	0.052	0.071	0.083	0.078	0.046	N/A

Highest
Lowest

- RMSE ($V m^{-1}$) and MAPE of total E-field values, across different amplitudes



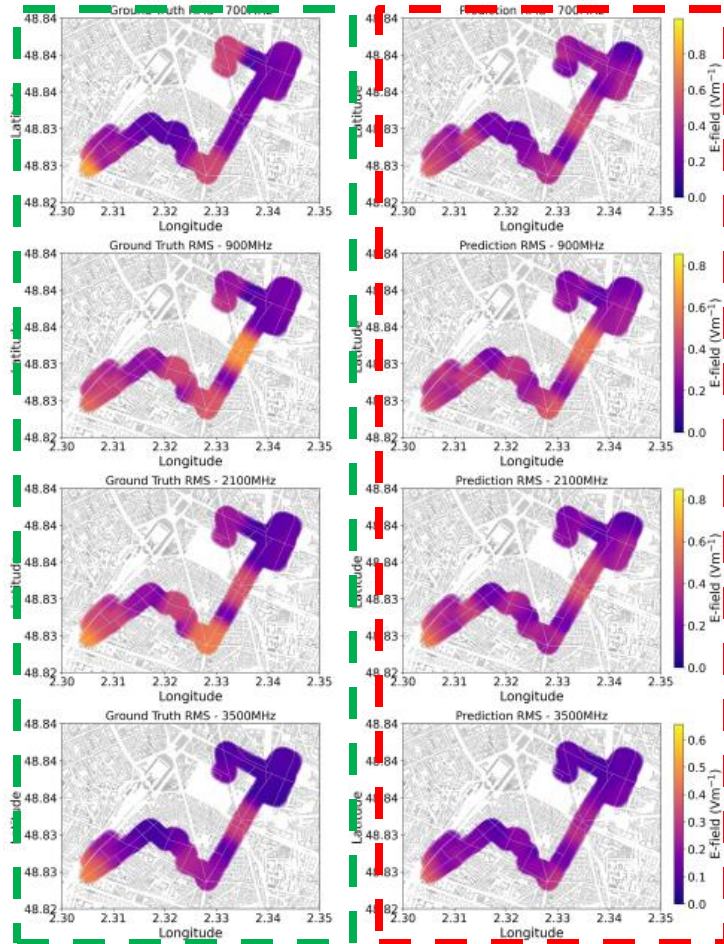
Dataset is divided into 6 equally spaced intervals

Overall average **MAPE : 25.32%**
RMSE : 0.24

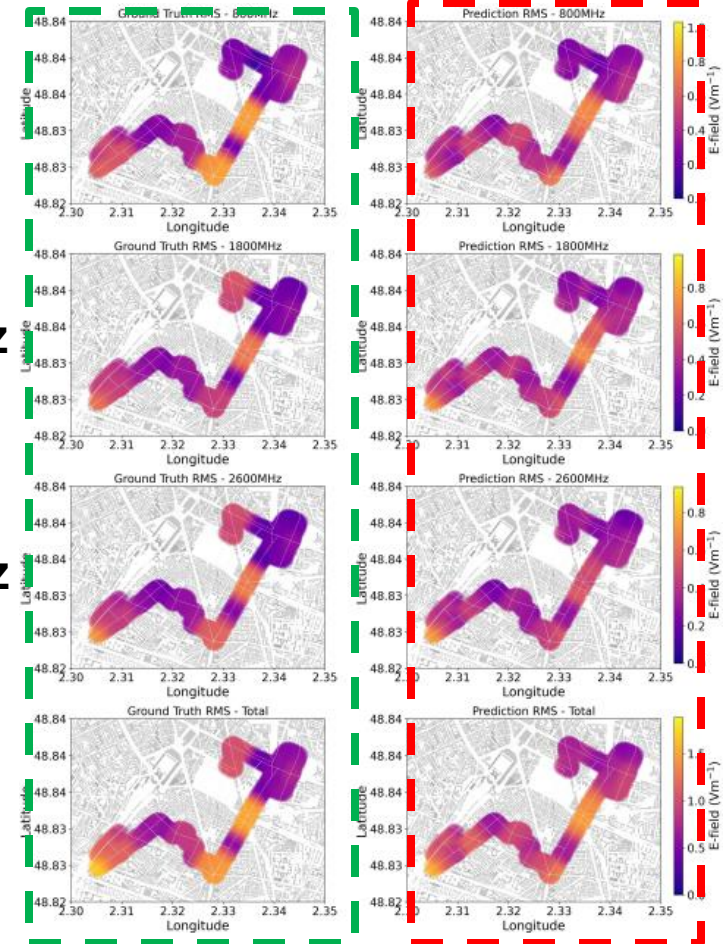
RESULTS: TESTING ON PARIS'S DATASET

« Option - Per frequency »

700MHz



800MHz



1800MHz

2600MHz

Total

Ground truth

Prediction

3500MHz

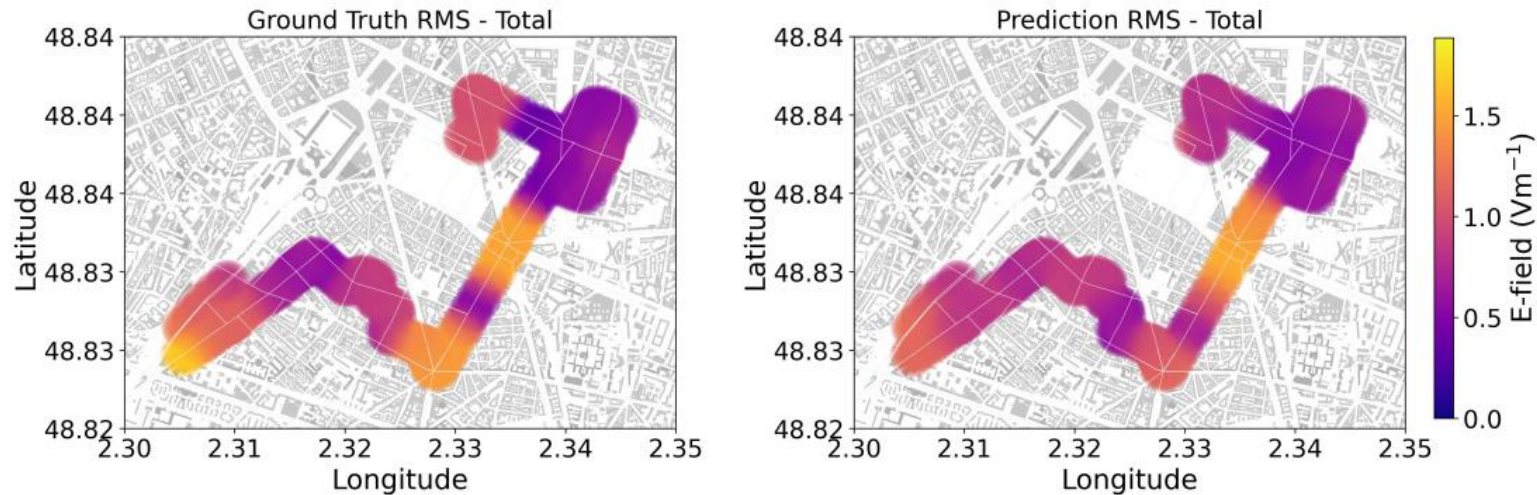
RESULTS: TESTING ON PARIS'S DATASET

« Option – Total E-field »

- RMSE ($V\ m^{-1}$) and MAPE of predictions

Target \ Metric	RMSE	MAPE (%)
RMS	0.231	20.353
STD	0.153	27.127

- Visualization of results



Performance evaluation on EMF exposure from future wireless networks

STOCHASTIC MODELING OF EXPOSURE

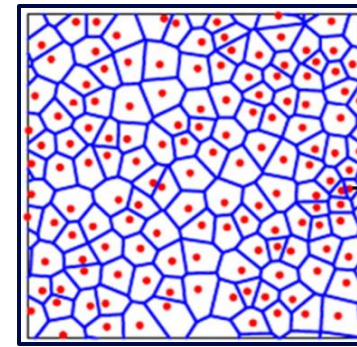
- Stochastic geometry allows the analysis of metrics of random network models
- **Could be used in modeling the exposure**

$$\text{Exposure (E field)} \sim P_{rx} = \sum P_{tx} |h_i|^2 r_i^{-\alpha}$$

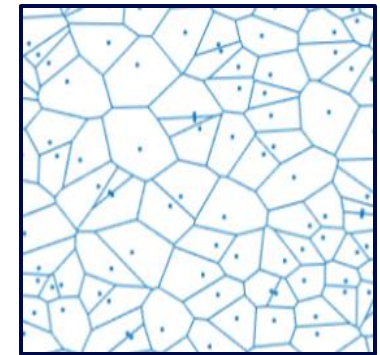
The CDF of the power can be determined using Gil-Peleaz inversion

$$F_{P_{rx}}(x) = \frac{1}{2} - \frac{1}{\pi} \int_0^\infty \frac{1}{t} \Im[e^{-jtx} \text{MGF}_{P_{rx}}(-jt)] dt$$

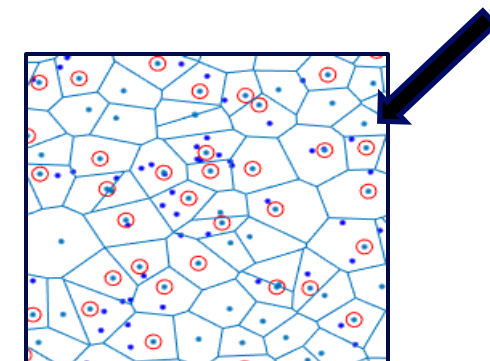
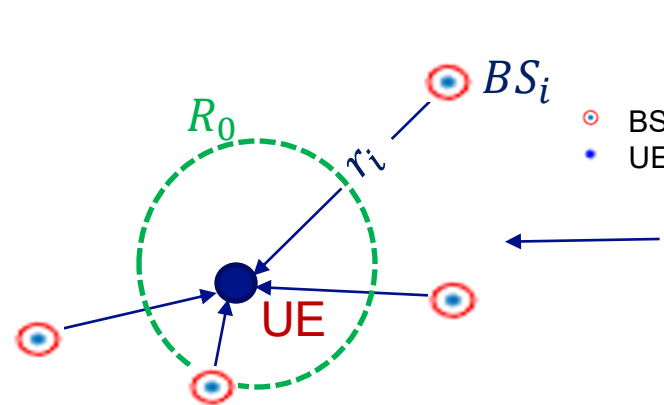
MGF(x): Moment generating function



Actual 4G network



Poisson point process grid



BSs and UEs distributed as PPP

CHARACTERIZATION OF EMF EXPOSURE

Challenges: Realistic modeling of 5G Massive MIMO networks^[1]

- Massive MIMO
- Digital Beamforming
- Single User
- NYUSIM Simulator

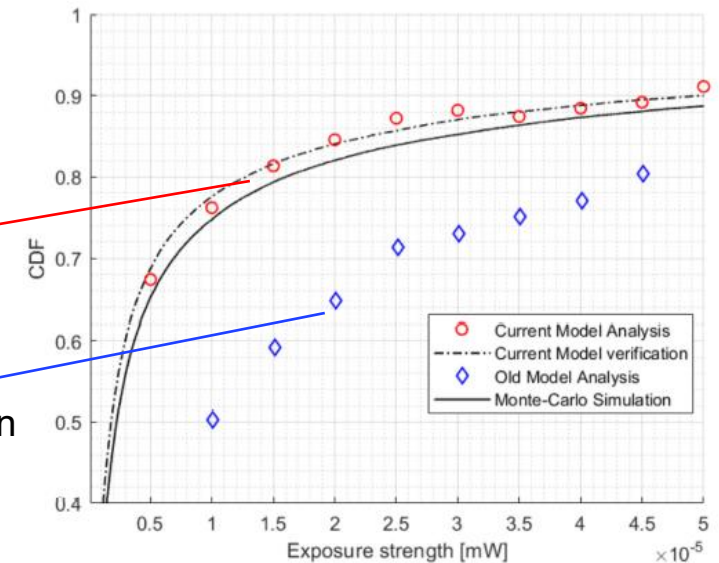
$$\text{Array Gain: } f_G(g) \approx a \exp(-ag)$$

$$\text{Channel Gain: } f_H(h) \approx \frac{1}{\Gamma(b)c^b} h^{b-1} \exp(-h/c)$$

The distribution of total received power (exposure) ^[1]

$$F_{P_{rx}}(x) = \Pr\{P_{rx} \leq x\}, P_{rx} = \sum_{BS_i \in \Psi_{BS}} P_{tx} H_i G_i L_i$$

- Simple model
- Isotropic antenna gain
 - Rayleigh fading



[1] M. Al Hajj, **Shanshan Wang**, L. T. Tu, S. Azzi, J. Wiart., Applied Sciences, 10(23), 8753.

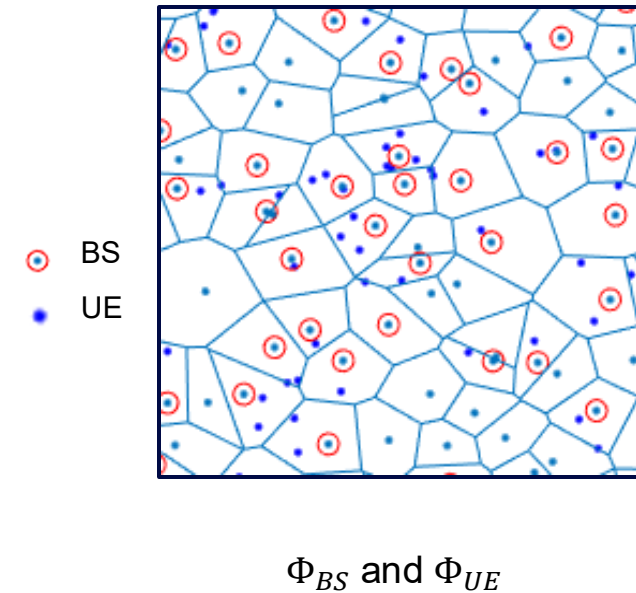
STOCHASTIC MODELING OF EXPOSURE

System model

- Downlink multi-cell, multi-user massive MIMO network
- BSs and UEs modeled as PPPs Φ_{BS} and BPP Φ_{UE} on $\mathbb{R}^2$
- Large scale fading (BS_l and MT_k): $\beta_{lk}(R_{lk}) = \max(d, R_{lk})^{-\alpha}$
- Small scale fading: $h_{lk} \sim \mathcal{CN}(0, I_M)$, i.i.d. Rayleigh fading
- Precoding: Maximum ratio transmission (MRT): $a_{lk}^S = \frac{1}{\sqrt{M}} h_{lk}^*$
- Average power received

$$E = S + I_M + I_I$$

Average useful signal Average multi-user interference Average inter-cell interference



STOCHASTIC MODELING OF EXPOSURE

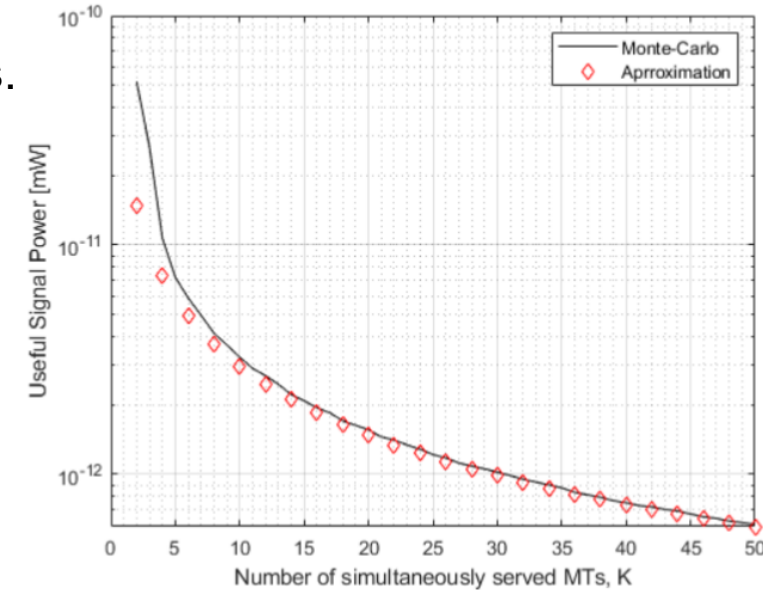
- Max-Min Fairness Power Control: to ensure equal SIR for all served UEs.
- Power control coefficient at the nearest MT to its BS η_{l0} as

$$\eta_{l0} = \frac{1 + \rho_{dl}\beta_{l0}}{\beta_{l0} \sum_{k \in \Phi_{MT}} \frac{1 + \rho_{dl}\beta_{lk}}{\beta_{lk}}} \rightarrow \text{Not tractable}$$

➤ **Proposition 1. We approximate it using the law of large numbers**

$$\eta_{lk} \approx \frac{1 + \rho_{dl}\beta_{lk}}{\beta_{lk}(K\rho_{dl} + K_L\bar{Y}(\alpha_L) + K_N\bar{Y}(\alpha_N))}$$

where $\bar{Y}(\alpha_S)$ is the expectation of $(\beta_{lk'}^S)^{-1}$



Average signal power to verify validity of the approximation
 $S = \rho_{dl}\mathbb{E}[\eta_{l0}\beta_{l0}^S]$

STOCHASTIC MODELING OF EXPOSURE

Derivation of The Average Power Received

$$\mathcal{S} = M \rho_{dl} (1 + \rho_{dl} p_L \mathcal{Q}_{l0}^L + \rho_{dl} p_N \mathcal{Q}_{l0}^N) \mathcal{L},$$

$$\mathcal{I}_I = 2\pi \lambda_{BS} \rho_{dl} \left(\frac{d^{2-\alpha_N}}{2} + \frac{d^{2-\alpha_N}}{\alpha_N - 2} \right) - (p_L \mathcal{Q}_{l0}^L + p_N \mathcal{Q}_{l0}^N)$$

$$\begin{aligned} \mathcal{I}_M = \rho_{dl} (p_L \mathcal{Q}_{l0}^L + p_N \mathcal{Q}_{l0}^N) & \frac{(1 - p_L)^K}{K(\rho_{dl} + \bar{\Upsilon}(\alpha_N))} \\ & \times {}_2F_1 \left(-K, \frac{K(\rho_{dl} + \bar{\Upsilon}(\alpha_N))}{\bar{\Upsilon}(\alpha_L) - \bar{\Upsilon}(\alpha_N)}; \frac{K\rho_{dl} + \bar{\Upsilon}(\alpha_L) + (K-1)\bar{\Upsilon}(\alpha_N)}{\bar{\Upsilon}(\alpha_L) - \bar{\Upsilon}(\alpha_N)}; \frac{p_L}{p_L - 1} \right) \end{aligned}$$

$$\begin{aligned} \mathcal{Q}_{l0}^S = \frac{d^{-\alpha_S-1}}{4K^2 - 1} & \left(\left(1 - \frac{d^2}{R^2} \right)^K (d^2(2K-1) + R^2) - R^2 {}_2F_1 \left(-\frac{1}{2}, 1-K; \frac{1}{2}; \frac{d^2}{R^2} \right) \right) \\ & + \frac{\Gamma\left(\frac{-\alpha_S+3}{2}\right)}{2R^2} \left(\frac{\Gamma(K)R^{-\alpha_S+3}}{\Gamma\left(K + \frac{-\alpha_S+3}{2}\right)} - d^{-\alpha_S+3} {}_2\tilde{F}_1 \left(1-K, \frac{-\alpha_S+3}{2}; \frac{-\alpha_S+5}{2}; \frac{d^2}{R^2} \right) \right) \end{aligned}$$

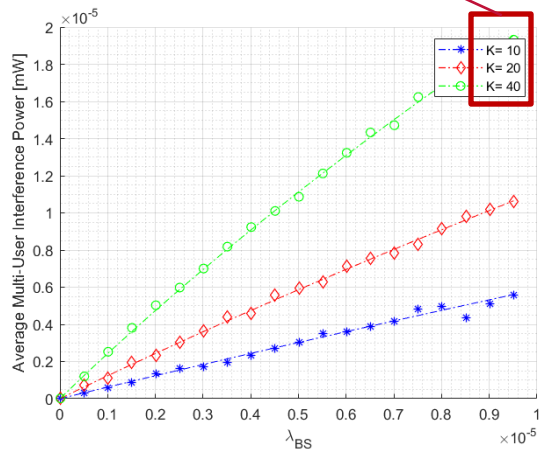
STOCHASTIC MODELING OF EXPOSURE

Numerical Results – Average Power

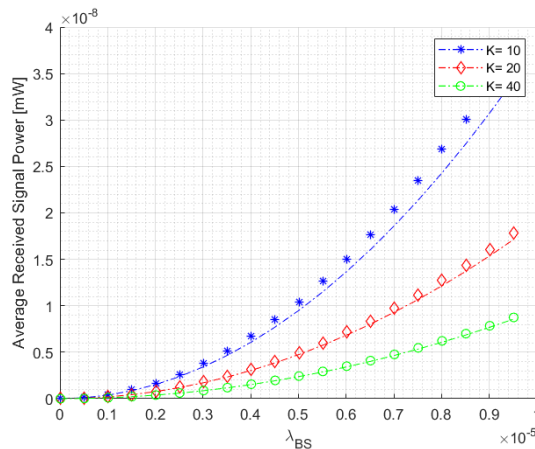
Number of Served UEs

Lines: Analytical Framework

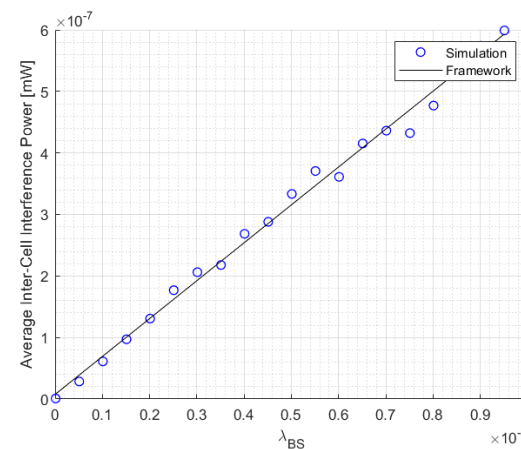
Markers: Monte-Carlo



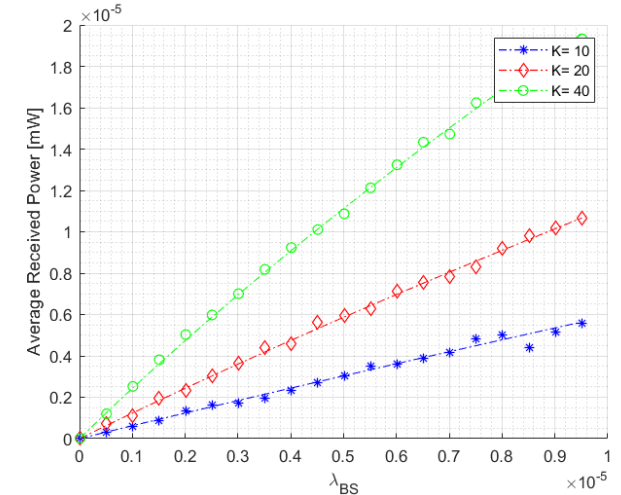
(a) Multi-user interference



(b) Useful signal



(c) Inter-cell interference



(d) Total power received

[1] Al Hajj, Maarouf, **Shanshan Wang**, and Joe Wiert. EuCAP, pp. 1-5. IEEE, 2022.

STOCHASTIC MODELING OF EXPOSURE

Maximize coverage vs. minimize EMF exposure?

Joint distribution of Coverage and EMF Exposure: $G(T, T') @E \left[P \left[\frac{S_0}{I_0 + \sigma^2} > T, S_0 + I_0 < T' \right] \right]$

System Model:

$$l(r_i) = \kappa^{-1} (r_i^2 + z^2)^{-\alpha/2}$$

$$|h_i|^2 \sim \text{Rayleigh}$$



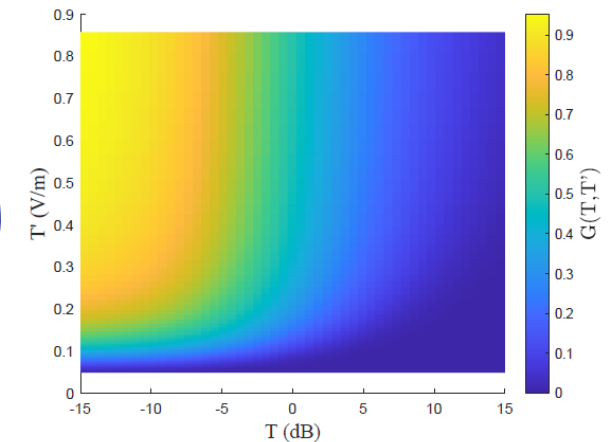
Realistic BS database:

- Paris' 5G NR 2100 band
- Brussels' LTE 1800 band

β - GPP

I-PPP with a radial intensity measure

$$G(T, T') @ \left\{ \begin{aligned} & \beta \sum_{i \in \mathbb{N}_0} \int_{\frac{c\tau_e^2}{\beta}}^{\frac{c\tau^2}{\beta}} \frac{s^{i-1} e^{-s}}{(i-1)!} \left(\frac{1}{2} F_X \left(\frac{T'}{P_t l(\beta s/c)} \right) \Upsilon_i^\beta \left(s, \frac{c\tau^2}{\beta} \right) - \frac{1}{\pi} \int_0^\infty \text{Im} [\phi_I(q|\beta s/c) \zeta(T, T', l(\beta s/c))] q^{-1} dq \right) ds \\ & \int_{\theta_0} \int_{r_0} \left[\frac{1}{2} F_X \left(\frac{T'}{P_t l_0} \right) - \int_0^\infty \frac{1}{\pi q} \text{Im} [\phi_I(q|r_0, \theta_0) \zeta(T, T', l_0)] \right] f_{R_0, \Theta_0}(r_0, \theta_0) dr_0 d\theta_0 \end{aligned} \right.$$



Paris 5G NR 2100 MHz β -GPP

[1] Gontier, Q., Wiame, C., **Wang, S.**, Di Renzo, M., Wiat, J., Horlin, F., Tsigros, C., Oestges, C., and De Doncker, F., "Joint metrics for EMF exposure and coverage in real-world homogeneous and inhomogeneous cellular networks", IEEE Transactions on Wireless Communications 2024

SUMMARY AND PERSPECTIVES

Perspectives:

- **Exposure mapping** or spectrum sensing, energy harvesting ...
- **Uncertainty quantification** in the AI models – *PhD starts from 11/2024*
 - Aleatoric: Dynamic radio environment, traffic load from BS; Performance of measurement device
 - Epistemic: Uncertainty from the in-sample and out-of-sample prediction.
- **Physics assisted/informed** neural networks – *PhD starts from 09/2025*
- **EMF-aware** design of networks are integrated with more emerging techniques, such as
 - Integrated sensing and communications (ISAC) – *PhD starts from 09/2025*