

# Ultrafast and nonlinear dynamics of InAs/GaAs semiconductor quantum dot lasers

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## ABSTRACT

Quantum dot nanostructures are one of the best practical examples of emerging nanotechnologies hence offering superior properties as compared to their quantum well counterparts. InAs/GaAs quantum dots allow producing energy- and cost-efficient devices with outstanding temperature stability, lowest threshold current, ultrafast gain dynamics, and low amplified spontaneous emission. This paper reports on the recent achievements in ultrafast and nonlinear dynamics properties of InAs/GaAs quantum dot lasers for radar systems, wireless communications and high-speed optical communications. Passive mode-locking is shown to exhibit a great potential for microwave, millimeter-wave and Terahertz signal generation with high repetition frequency tuning and jitter reduction. The optical feedback is also used to stabilize the pulse emission leading an integrated timing jitter as low as 90 fs without consuming additional power. Lastly, multimode optical feedback dynamics of InAs/GaAs QD lasers emitting on different lasing states is also studied. In particular, a chaos free operation is observed for the first time from the ground state lasing operation.

**Keywords:** Quantum dot lasers, passive mode-locking, optical feedback, high-speed communications, radars, wireless communications

## 1. INTRODUCTION

Significant improvements of semiconductor laser have been achieved in the last decades by using zero-dimensional quantum dot (QD) nanostructures as gain media<sup>1,2</sup>. Their inherent properties allow producing energy- and cost-efficient devices with outstanding temperature stability, low threshold current, ultrafast gain dynamics, and low amplified spontaneous emission.<sup>3</sup> A low threshold current density and high internal quantum efficiency results in a reduced amount of dissipated heat. Even at high operation temperatures, temperature insensitive threshold currents are observed for p-doped devices.<sup>4</sup> Most advantages of QD lasers have been demonstrated for GaAs-based ones, operating at 1310 nm, hence mostly targeting short reach communication links such as metro and access networks as well as datacenter optical networks<sup>5,6</sup>. In addition to that, self-organized Stranski-Krastanov QD growth leads to an inhomogeneously broadened gain spectra and thus, if all modes are phase-locked, to very narrow pulses and very low transparency current densities per QD layer. Saturable absorbers based on QDs exhibit much faster recovery on the order of 700 fs under large reverse bias,<sup>7</sup> enabling the generation of sub-picosecond pulses at very large frequencies. The timing jitter of mode locked lasers (MLLs) is a result of random fluctuations of the photon density, the gain and the effective refractive index caused by amplified spontaneous emission (ASE). Compared to quantum wells (QWs), QD MLLs exhibit lower levels of ASE,<sup>8</sup> which reduces the jitter.

In this paper, we report on the ultrafast and nonlinear dynamical properties of InAs/GaAs QD lasers for applications in radar, wireless and high-speed optical data communication systems. First, the dynamics of passively QD MLLs with high repetition frequency tuning and low timing jitter for microwave, millimeter-wave and Terahertz

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(THz) signal generation are discussed. The direct extraction of the electrical signal from the saturable absorber of a 40 GHz QD MLL is presented. An optical feedback loop is also used to greatly stabilize the pulse emission of passively MLLs. Under proper feedback conditions, a single MLL can exhibit a very low-jitter optical and electrical pulse trains at the same time, thus radically simplifying photonic sources for microwave, millimeter-wave and THz generation. In a second part, we report on the optical feedback dynamics of two InAs/GaAs QD lasers having identical active regions but emitting exclusively from different energy states. Even if QD lasers are normally engineered to operate on the ground-state (GS) transition because of its lower threshold current density, prior studies have also shown that faster dynamics can be obtained when considering the first excited state (ES).<sup>9</sup> A proof of concept was achieved with ES QD lasers, for which modulation capabilities up to 25 Gbps (OOK) and 35 Gbps (PAM) have been reported.<sup>10</sup> In this work, we unveil clear different responses to optical feedback and in particular a chaos-free operation is observed with the GS QD laser which is of paramount importance for the development of future isolator-free optical light sources.

## 2. ULTRAFAST DYNAMICS OF QD MODE-LOCKED LASERS

MLLs emitting electrical and optical pulse trains are meaningful for a variety of applications like THz photonics<sup>11</sup> and radio-over-fiber systems.<sup>12</sup> In high bit-rate optical communication networks,<sup>13</sup> MLLs are also utilized as optical clocks and, in combination with modulators, as transmitters for optical time-division multiplexing (OTDM) systems. They also find multiple other applications in the communication field, such as for multi-carrier generation<sup>14</sup> and all-optical sampling.<sup>15</sup> In what follows we first start reviewing the main techniques that are available with semiconductor lasers for microwave, millimeter-wave and THz signal generation. Then, we investigate the ultra-fast dynamical response of 40 GHz passively MLLs with high repetition frequency tuning and low timing jitter for applications in radar and wireless communication systems.

### From microwave to THz signals

The generation of microwave, millimeter-wave and THz signals with semiconductor lasers can be achieved with multiple optical techniques e.g. optical heterodyne generation, dual-tone lasing, optical injection or mode locking. An extended review is proposed in reference.<sup>16</sup> Hereinafter, we summarize a few of them.

a. Optical heterodyning consists of using light of two free-running single-mode lasers emitting at different wavelength that is combined and converted to an electrical signal by a detector. The generated photocurrent contains a beat signal at the frequency according to the wavelength distance. This technique enables wide frequency tuneability of the electrical signal, in principle from sub-MHz to several THz, determined by the wavelength tuneability of the laser sources and the bandwidth of the photodetector. Dual-mode lasers, emitting simultaneously on two different longitudinal resonator modes, provide directly a signal at the frequency equal to the wavelength difference. Compared to two free-running lasers, the tuneability is strongly limited and coarse stepped. In both approaches, the two tones are not necessarily phase-locked meaning that the phase of the generated electrical signal can vary in time.

b. Optically-injected semiconductor lasers are known to exhibit very rich nonlinear dynamical states. In particular, for moderate injection strengths and positive detuning from the Hopf-bifurcation boundary, period-one oscillations of the slave laser cause periodic intensity oscillation of the optical signal. A semiconductor laser operating in period-one oscillation enables generation of a wide-range continuously tunable radio-frequency (RF) signals. However, the phase noise of RF signals generated using the single-tone injection approach is relatively large. By combining optical sideband injection locking and an optical phase-locked loop, a strongly suppressed single-side-band (SSB) phase-noise (PN) power spectral density can be achieved.

c. Mode-locking of semiconductor lasers is also a powerful method. As the locked longitudinal modes of a MLL are equally spaced, a RF signal corresponding to the frequency distance is generated. Additionally, beat signals at higher harmonics are provided as well. The MLL-based approach benefits from low-noise performance, compactness and low power consumption. However, the main drawback is the low frequency tuneability, as the mode spacing is fundamentally determined by the cavity length. By optical filtering of two longitudinal modes of an actively MLL, a millimeter-wave signal can be generated.<sup>17</sup> Selecting a higher harmonic of a low-frequency MLL, whereas modes located between the selected ones are suppressed, yields a high-frequency RF

signal. However, the requirement of a high-power electrical reference source dissolves the low-power consumption advantage of a single laser source.

d. Passive mode-locking does not require electrical sinusoidal signal. The optical pulse train of a passively MLL is converted to an electrical signal at the same frequency by using a high-speed photodetector. A more convenient method is based on the direct extraction of the electrical signal from the saturable absorber of a monolithic passively MLL. The absorber serves as an intra-waveguide photodetector enabling electrical signals to be generated with high conversion efficiencies and simultaneously along with the optical pulse train. When an optical pulse enters the reverse-biased absorber section, free carriers are created. Due to the built-in electric field, the free carriers are swept out of the absorber yielding a pulsed photocurrent. Thus, electrical and optical pulses are generated simultaneously without additional power consumption. Compared to the external detection of the optical pulse train using a high-speed photodiode, the extracted pulses exhibit much larger rise and even longer fall times. The latter is attributed to the limited QW absorber dynamics and the slow carrier escape. To overcome such limitations, passively QD MLLs are greatly preferred because of the sub-picosecond recovery time of the QD absorber. However, the extracted signals still suffer from very high phase-noise levels. Besides, at larger repetition rates, the RF signal generation remains limited by electrical parasitics and require improved RC time constants of the contact pads as well as shorter absorber lengths. These challenges along with the simultaneous generation of optical pulse trains are discussed in the following.

### Passively QD mode-locked lasers

In this paper, a two-section passively QD MLL is considered. The device represented in Fig. 1 monolithically integrates a saturable absorber whereby both sections are based on the identical epitaxial structure. The Al-GaAs/GaAs laser structure is grown by molecular beam epitaxy (MBE). In order to ensure a sufficient gain, the active region consists of 10 InAs QD layers. The emission wavelength of 1310 nm is achieved by overgrowth of the QDs with an InGaAs layer, referred to as dot-in-a-well structure. P-doping of GaAs spacers between QD layers prefills the hole states and is meant to speed up the recovery of the GS population and to provide temperature insensitivity of the threshold current.<sup>18</sup> The wafers are then processed into ridge-waveguide edge emitters with stripe width of 4  $\mu\text{m}$ . The ridge width and particularly the length ratio of the gain to the absorber section (typically ranging from 3:1 to 10:1) are crucial design parameters of monolithic MLLs defining the optical and electrical properties of the pulse train as well as the bias range where complete mode locking occurs.<sup>19</sup> The two sections are formed by a 20  $\mu\text{m}$  gap in the metalization and the upper high-doped contact layer ensuring electrical isolation larger than 10 k $\Omega$ . The MLL chips, used here, contain a 900  $\mu\text{m}$  long gain section and a 100  $\mu\text{m}$  saturable absorber. The laser facet at the absorber is coated for high reflectivity of 99%, the gain-section facet is as cleaved (32%). The fundamental repetition frequency  $f$  of the QD MLL, given by  $f = c/2nL$ , where

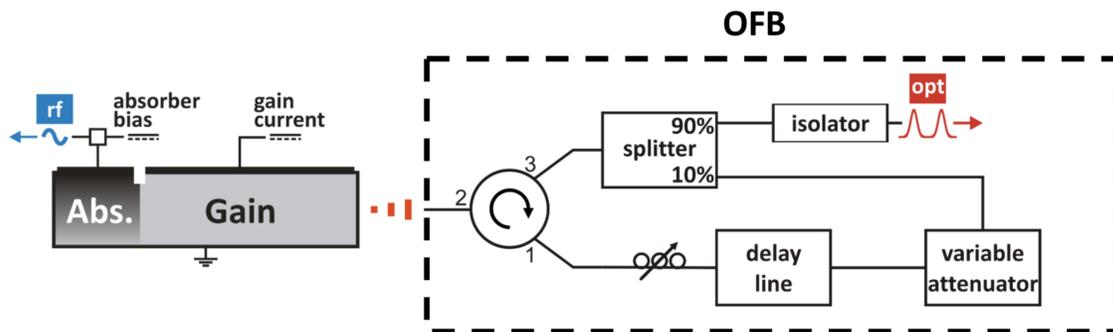


Figure 1. The two-section passively QD MLL with a monolithically integrated saturable absorber. The dashed box represented the optical feedback (OFB) loop described hereinafter.

$c$  is the speed of light in vacuum and  $n$  the effective refractive index, equates to the spacing of the longitudinal modes, which in turn is defined by the resonator length  $L$ . Taking a cavity length of 1 mm yields a pulse emission at 40 GHz. As a consequence of that, the 40-GHz millimeter-wave signal is just located in the IEEE Ka-band (27-40 GHz) as well as in the ITU EHF-band (30-300 GHz) and thus being of great interest for radar systems

and wireless communications. For the electrical signal, the extraction losses of the experimental setup add up to 4.4 dB. For the present, the absorber impedance is not matched to  $50\Omega$ , thus additionally causing coupling losses to the measurement system. Regarding the optical signal, the pulse train is detected using a 50 GHz photodetector.

Fig. 2 depicts a comparison of the RF spectra which reveals a peak frequency of 38.61701 GHz and 38.61706 GHz for the directly extracted electrical signal and for the one generated from the optical pulse train, respectively. The 50 kHz deviation lies well within the carrier 3-dB linewidth of 187.3 kHz. As no photodiode is required,

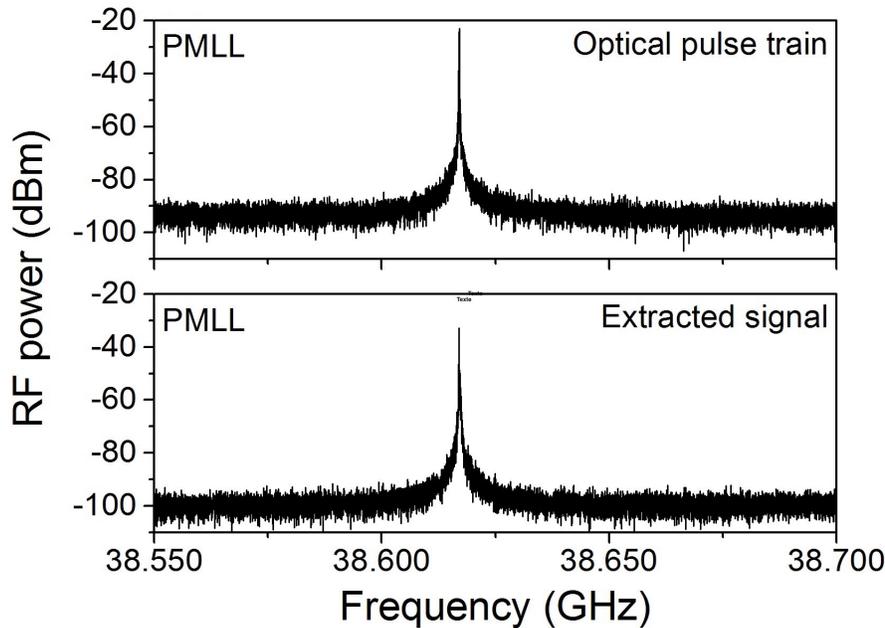


Figure 2. RF spectra of the directly extracted electrical signal from the saturable absorber and the one generated from the optical pulse train respectively

the direct extraction yields a 6.3 dB lower noise level. On the other hand, the peak power of the extracted signal amounts to 32.8 dBm, thus being diminished by 9.8 dB as compared to the optical pulse train. As shown in Fig. 3(a), the PN power spectral density traces of both signals show a very similar progression, except for the thermal-noise segment (above 10 MHz carrier offset). Nevertheless, the properties of the directly extracted electrical signal from the absorber section essentially conform to the ones obtained for the optical pulse train. The ultra-fast recovery time of QD saturable absorbers enables the electrical signal to perfectly follow the shape of the optical pulse train. The generated photocurrent by the 110  $\mu\text{m}$  long saturable absorber is 6.37 mA. According to the definition of the differential DC-to-photocurrent conversion efficiency that is to say the ratio of the average absorber photocurrent to the gain-section DC above threshold, the corresponding value is 16%. An extraction efficiency of 40% is determined, thus, as well as the differential DC-to-photocurrent conversion efficiency. However, the device used in this work incorporates a seven times shorter absorber section, which is the most critical design parameter of a MLL-based RF-signal source. MLLs, that are designed exclusively for RF-signal generation, differ from those optimized for emission of short optical pulses. A possibility to increase the photocurrent is to vary the bias point of the MLL. Fig. 3(b) depicts the average absorber-photocurrent dependence on the gain current for two different absorber biases (5 V and 10 V). An increasing optical power in the cavity, attributed to the increasing gain current, translates to a linearly ascending photocurrent, which is further enhanced at larger reverse biases. However, this progression is not observed for the RF peak power of the extracted signal. Increasing the gain current leads to higher RF peak powers as long the optical pulse energy increases. At a certain point (70 mA in case of 5 V absorber voltage), the pulse forming ability of the absorber

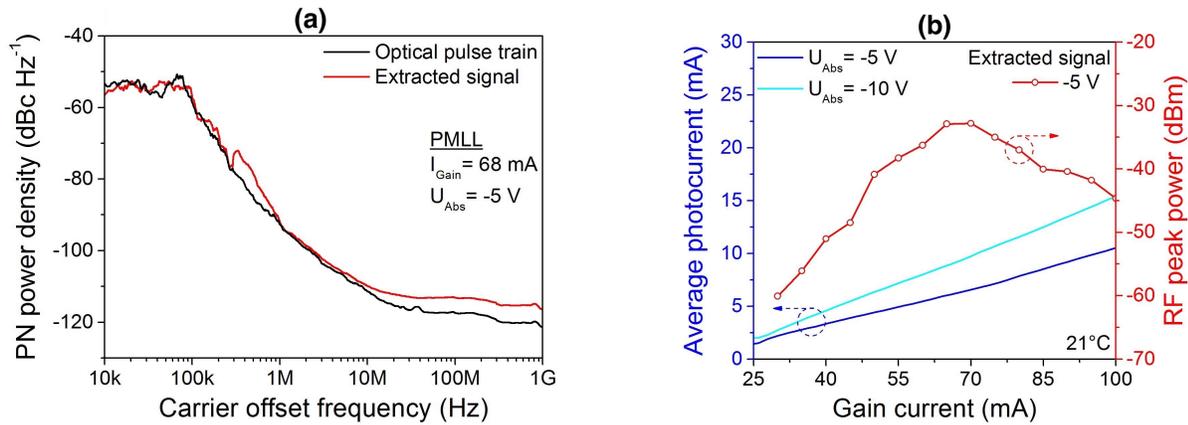


Figure 3. (a) SSB phase-noise traces of the directly extracted electrical signal from the saturable absorber and the one generated from the optical pulse train using a photodiode, respectively. (b) Absorber photocurrent and RF peak-power dependence on gain current and reversed absorber bias. PMLL stands for passive-mode-locking.

saturates. Thus, larger gain currents yield wider pulses accompanied by rising CW background. Consequently, the RF peak power lessens and the carrier linewidth broadens resulting in less stable mode locking, although an increased photocurrent is extracted. By means of variation of the absorber length from 100  $\mu\text{m}$  to 250  $\mu\text{m}$ , an up to 8 dB enhancement of the RF peak power of extracted electrical signals is achieved. However, the narrow carrier line in electrical spectrum rises then from a wide-frequency pedestal, thus resulting in larger phase-noise power-density values at low carrier offset frequencies and the peak-power benefit vanishes. Nevertheless, also

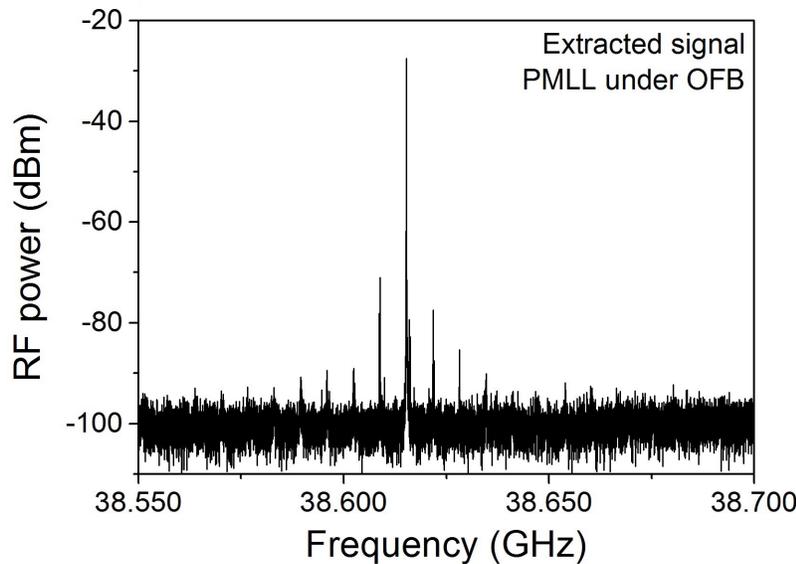


Figure 4. RF spectrum of the extracted electrical signal for the passively MLL under optimal optical feedback loop. PMLL stands for passive-mode-locking.

for MLLs with the best suitable gain-to-absorber length ratio, the still large timing jitter of passive mode-locking translates to the electrical signal. Thus, it was shown in the past that the use of optical feedback (OFB) can strongly reduced the timing jitter<sup>20,21</sup> Fig. 4 and Fig. 5(a) and Fig. 5(b) shows the RF spectrum and the phase-noise trace for the extracted electrical signal, respectively, while the MLL is operating under the optimal

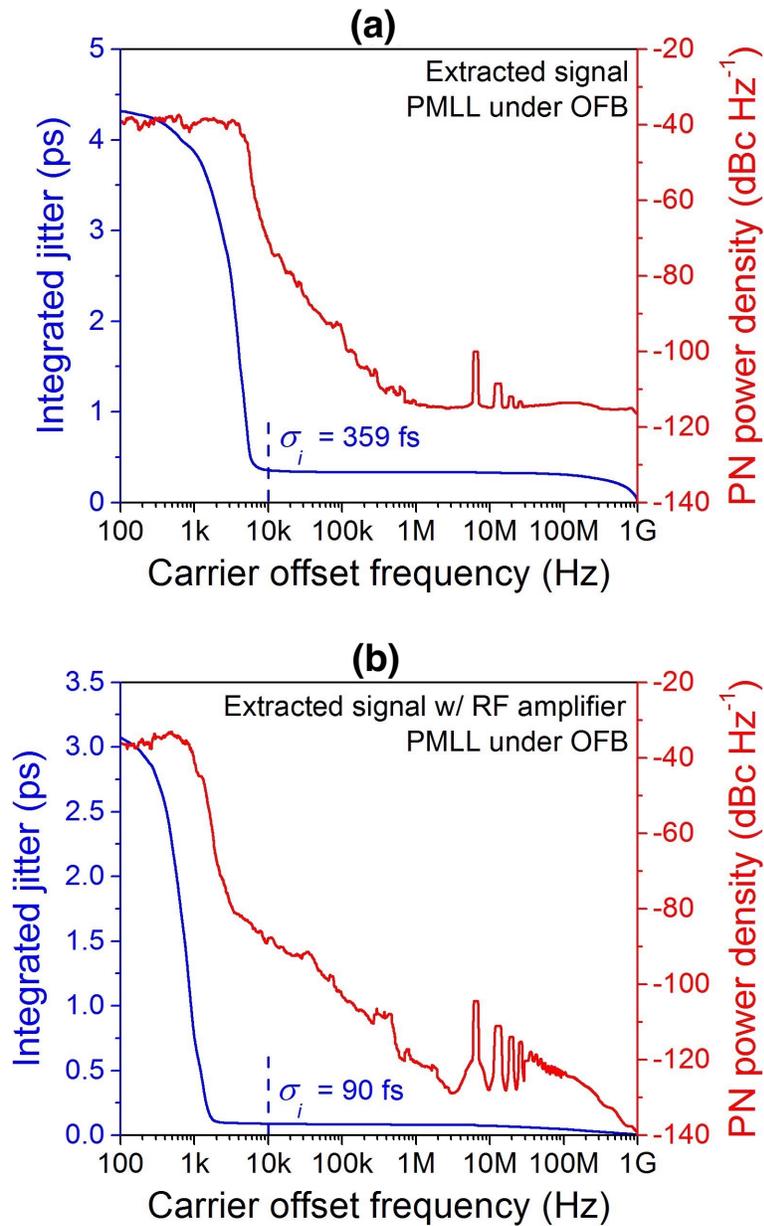


Figure 5. (a) SSB phase-noise trace and integrated timing jitter of the extracted electrical signal for the passively QD MLL under optimal optical feedback loop. (b) The SSB phase-noise trace and integrated timing jitter for the extracted signal that is amplified by 24 dB. PMLL stands for passive-mode-locking.

OFB loop conditions. Let us stress that the OFB includes a 3-port circulator, a delay line, a polarization controller and a variable attenuator (see Fig. 1). Under optical feedback, a narrow carrier line with an increased peak power of 27.5 dBm and OFB typical sidebands at 6.5 MHz distance are observed. The SNR and sideband-suppression-ratio (SBSR) are 68.2 dB and 43.5 dB, respectively. Compared to the optical pulse train, a slightly wider white-noise region with a corner frequency of 5 kHz (3 kHz for the optical signal) is present. The 3-dB linewidth and the integrated timing jitter are 3.25 kHz and 359 fs (1.92 kHz and 219 fs for the optical signal), respectively. The potential of the QD MLL under OFB operating as a RF-signal source is pointed out in Fig. 5(b). The extracted electrical signal is amplified by means of a 24-dB broadband power amplifier. A

corresponding integrated timing jitter as low as 90 fs is unveiled, that is to say a reduction by a factor of four. Hence, the minimal phase-noise power spectral density of the extracted signal is not given by the MLL itself, but presently limited by extraction capabilities.

### 3. NONLINEAR DYNAMICS OF QD LASERS

This section reports on comparative optical feedback experiments performed on two InAs/GaAs QD Fabry-Perot (FP) lasers. The QD lasers share the same active regions and do not exhibit a two-state lasing dynamics where ES and GS lasing can take place simultaneously.<sup>22</sup> Instead they do emit either exclusively on the GS or the ES. Overall, the experiments show richer feedback dynamics in the ES QD laser as compared to GS lasers in which a chaos-free operation is reported.

#### QD laser structure

The active region of both devices is similar to the one described in the previous section. It is still based on a dot-in-well structure, including 10 InAs dot sheets grown by MBE. FP lasers are left as-cleaved and cavity lengths are both 1 mm long while the ridge waveguide etched through the active region is 2  $\mu\text{m}$  wide. In this work, a free-space optical feedback platform is used. Details of the experimental setup can be found elsewhere.<sup>23</sup> In the experiments, the feedback strength  $r_{ext}$  is controlled by a free-space variable attenuator. The lens coupling ratio is similar for both lasers, allowing a maximal feedback ratio up to 60%. By moving the position mirror, the external cavity length was varied from 2 to 50 cm. On the right side of the laser, the emission is coupled by an AR coated lens-end fiber and passes through an optical isolator for analysis. On the detection path, an OSA, an ESA and a sampling oscilloscope are connected simultaneously to visualize the signals characteristics. The sampling scope used in this experiment has a 6 GHz bandwidth and a 20 Gb/s sampling rate. The relaxation oscillations frequencies  $f_{RO}$  for both lasers are of the order of few GHz.

#### GS QD laser dynamics

Fig. 6 shows the optical and RF mappings measured for the GS QD laser for a short external cavity length of 2 cm long ( $f_{RO} \times \tau \approx 0.2$ ) and for two different bias levels. Fig. 6(a) and Fig. 6(c) show the evolution of FP modes around the gain peak as a function of  $r_{ext}$ . The maps reveal that the optical spectra are not stable regardless the value of the bias current, exhibiting some broadenings of the modes. Over the whole emission spectrum, two sets of modes are interacting inversely: while one set is strongly lasing, the other is rejected with a suppression ratio above 15 dB for the modes around the gain peak. This effect observed for the short-cavity regime may be attributed to an antiphase modal dynamics but further investigations are required at this stage to confirm this assumption. While no evidence of such dynamics was observed in the RF spectral maps depicted in Fig. 6(b) and Fig. 6(d), it is however possible to identify in the electrical domain a trace of a weak peak ( $\approx -80$  dBm) observed around 4 GHz. Given that an external cavity length of 2 cm ( $f_{ext} = 7.5$  GHz), this peak corresponds to the double round-trip within the external cavity which may be induced by the reflection of the delayed field from the cleaved facet.

Figures 7 shows that the RF spectral mappings and the corresponding RF spectra at  $1.5 \times$  and  $1.7 \times I_{th}$  under free-running ( $r_{ext}=0$ ) and for the maximal optical feedback strength ( $r_{ext}=76\%$ ) of GS QD laser for a longer external cavity length of 50 cm ( $f_{RO} \times \tau \approx 10$ ). In this case, more external cavity modes are involved in the laser dynamics. Thus, results show that the GS laser remains first perfectly stable then follows a route driven by quasi-periodic oscillations but without reaching any chaotic state. The absence of chaotic oscillations in this GS QD laser even at very large feedback strength is fundamentally explained by the very large damping factor<sup>24, 23</sup>.

#### ES dynamics

The dynamics of ES QD laser is found much richer. Fig. 8(a) and Fig. 8(c) show the RF mappings at  $1.5 \times I_{th}$  under free-running ( $r_{ext} = 0$ ) and for the maximal optical feedback strength ( $r_{ext} = 55\%$ ) considering 2 and 50 cm long external cavity lengths respectively. Fig. 8(b) and Fig. 8(d) depict the corresponding RF spectra at maximal feedback ( $r_{ext} = 55\%$ ) that are compared to the free-running case ( $r_{ext} = 0$ ). In Fig. 8(a) and Fig. 8(b), the strong beating at 3.8 GHz still corresponds to the signature of the double roundtrip within the external

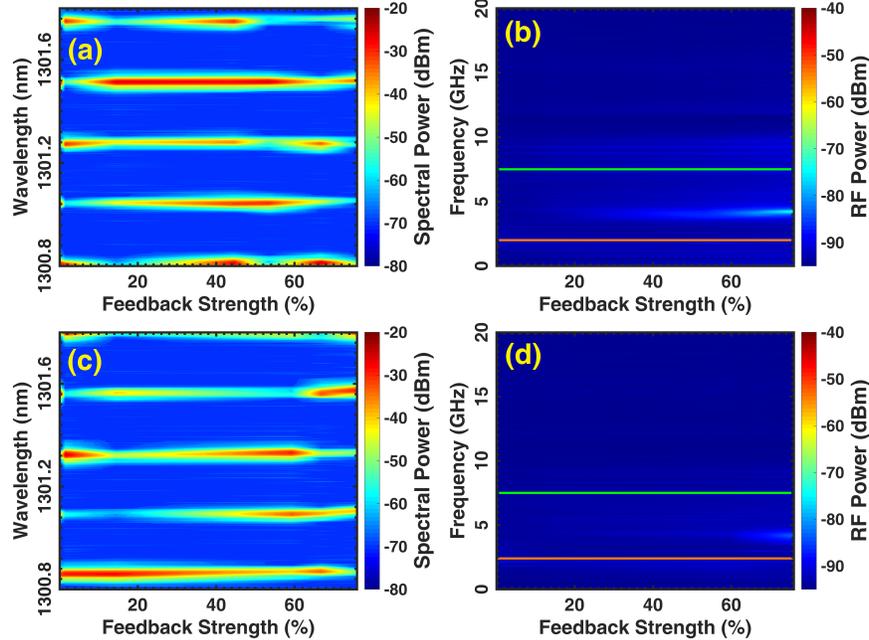


Figure 6. Optical and RF mappings of the GS QD laser. The external cavity length is 2 cm long. The bias currents are at  $1.5 \times$  ((a) and (b)) and  $1.7 \times I_{th}$  ((c) and (d)). The green and the orange horizontal solid lines mark the frequencies  $f_{ext}$  and  $f_{RO}$  respectively.

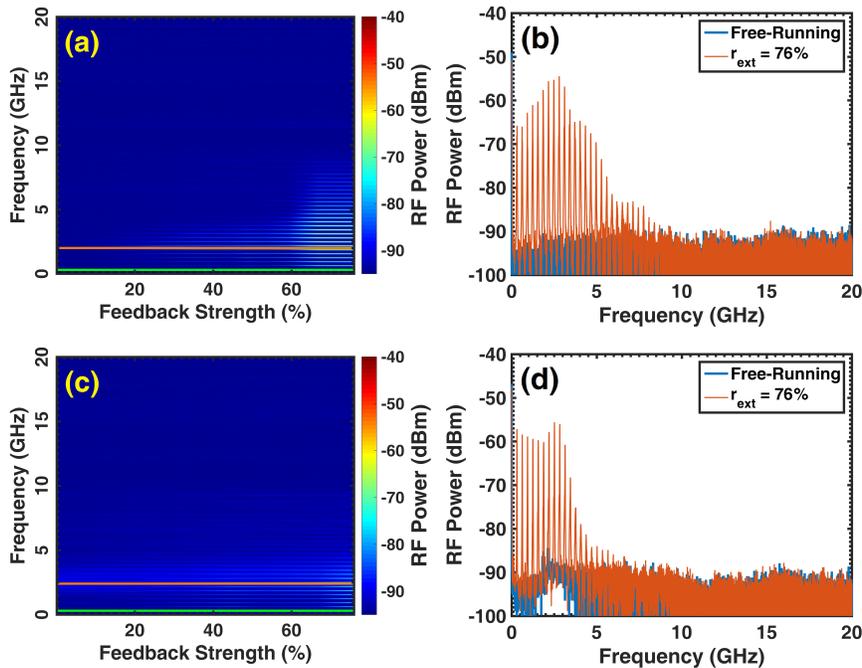


Figure 7. RF mappings ((a), (c)) and RF spectra ((b), (d)) under free-running ( $r_{ext} = 0$ ) and for the maximal optical feedback strength ( $r_{ext} = 76\%$ ) ((b), (d)) of GS QD laser. The external cavity length is 50 cm long. Bias currents are at  $1.5 \times$  ((a), (b)) and  $1.7 \times I_{th}$  ((c), (d)). The green and the orange horizontal solid lines mark the frequencies  $f_{ext}$  and  $f_{RO}$  respectively.

cavity, similar to what observed with the GS QD laser. However, in such case, the oscillation peak is enhanced well beyond the noise level, and a high pedestal begins to develop at around 40% as opposed to the GS laser for

which the oscillations were much weaker due to the stronger damping rate. By increasing the external cavity up to 50 cm, a typical destabilization scenario is retrieved hence the ES laser starts oscillating under low feedback and then falls quickly into chaos through quasi-periodic oscillations.

Although the two lasers are made from the same active medium, their responses to the optical feedback are found not much alike. The GS laser does not display chaotic pulsations whatever the external cavity length and the optical feedback strength. In contrast, the ES laser exhibits richer nonlinear dynamics with both periodic and chaotic oscillations. Such a difference is attributed to the very large damping factor of the GS laser preventing any chaotic oscillations even at the largest feedback ratios. The ES laser follows a more traditional route towards the chaos while the GS one appears less sensitive to chaos and exhibits longitudinal modes dynamics instead. As a conclusion, these results provide useful guidelines for featuring new QD lasers. While the more stable GS laser can be important for the development of isolator-free and all-optical logic function transmitters benefiting from its great resistance against feedback, the ES laser, on the other hand is suitable for applications such as lidars, radars, and high-speed random bit generations.

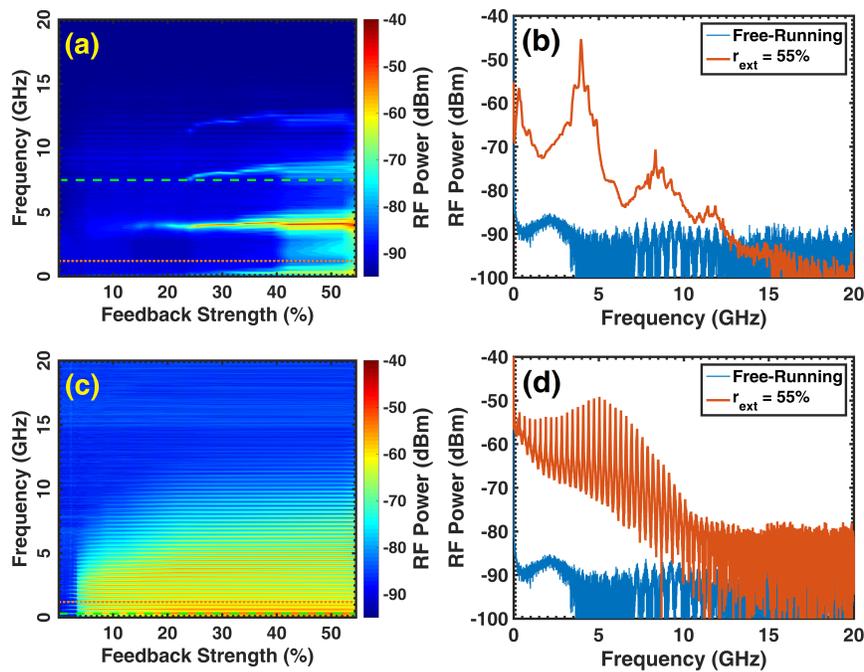


Figure 8. RF mappings of the ES QD laser biased at  $1.5 \times I_{th}$  under free-running and for the maximal optical feedback strength ( $r_{ext} = 76\%$ ) considering 2 and 50 cm long external cavity ((a) and (c)); RF spectra under free-running ( $r_{ext} = 0$ ) and for the maximal optical feedback strength ( $r_{ext} = 55\%$ ) ((b) and (d)).

#### 4. CONCLUSIONS

This paper reports on the recent achievements in the ultrafast and nonlinear dynamics properties of InAs/GaAs QD lasers. Passive mode-locking for microwave, millimeter-wave and THz signal generation is first discussed then multimode optical feedback dynamics of QD lasers emitting on different lasing states. The former show that passively QD MLLs exhibit a great potential to reach high repetition frequency tuning. With an optimal OFB, timing jitter as low as 90 fs is also reported. The later unveils that QD lasers made from the same active material but emitting on different lasing states can produce different responses to external perturbations. In particular, a chaos free operation is observed in the GS QD laser which a very important feature for designing isolator-free optical light sources.<sup>23</sup> Overall, the results presented in this work sheds the light on future emerging technologies for radar systems, wireless communications and high-speed optical data communications.

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