# Carrier-Noise-Enhanced Relative Intensity Noise of Quantum Dot Lasers

Jianan Duan<sup>®</sup>, *Student Member, IEEE*, Xing-Guang Wang, Yue-Guang Zhou, Cheng Wang<sup>®</sup>, *Member, IEEE*, and Frédéric Grillot<sup>®</sup>, *Senior Member, IEEE* 

*Abstract*—This paper numerically investigates the relative intensity noise of quantum dot lasers through a rate equation model taking into account both the spontaneous emission and carrier contributions. In particular, results show that the carrier noise originating from the ground and excited states significantly enhances the relative intensity noise of the laser, while that from the carrier reservoir does not. Simulations also point out that a large energy interval between the quantum confined levels is more suitable for low-intensity noise operation due to the reduced contribution from the carrier noise in the excited state. Finally, the carrier noise is found to have little impact on the frequency noise, thus being negligible for the investigation of the spectral linewidth. Overall, this paper is useful for designing low-noise quantum dot oscillators for high-speed communications, optical frequency combs, and radar applications.

Index Terms—Semiconductor lasers, quantum dots, relative intensity noise, frequency noise.

## I. INTRODUCTION

**O**Wing to the atom-like discrete energy levels, semiconductor quantum dot (QD) nanostructures are one of the best practical examples of emerging nanotechnologies. QD lasers exhibit various properties resulting from the ultimate carrier confinement such as a high temperature stability, a low-threshold lasing operation, and a narrow spectral linewidth [1]–[3]. As opposed to their quantum well (QW) counterparts, recent studies have also shown that the strong damping associated with the sole ground state (GS) transition makes QD lasers highly insensitive to parasitic reflections (i.e. optical feedback) which is of

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J. Duan is with LTCI, Télécom ParisTech, Université Paris-Saclay, 75013 Paris, France, and also with the School of Information Science and Technology, ShanghaiTech University, Shanghai 201210, China (e-mail: jianan.duan@telecom-paristech.fr).

X.-G. Wang, Y.-G. Zhou, and C. Wang are with the School of Information Science and Technology, ShanghaiTech University, Shanghai 201210, China (e-mail: wangcheng1@shanghaitech.edu.cn).

F. Grillot is with LTCI, Télécom ParisTech, Université Paris-Saclay, 75013 Paris, France, and also with the Center for High Technology Materials, The University of New Mexico, Albuquerque, NM 87106 USA (e-mail: grillot@telecom-paristech.fr).

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vital importance for a stable utilization of such lasers into optical communication systems [4]. In contrast, QD lasers emitting exclusively on the first exited state (ES) transition exhibit richer dynamics including chaotic and self-pulsating states [5], thus being more useful for microwave photonics related applications using diode laser chaos such as lidar or physical generation of random bits [6]. In semiconductor lasers, quantum fluctuations associated to the lasing process are known to alter both the intensity and the phase of the optical field hence resulting in frequency and intensity noises [7]. In future optical communication systems, optical sources with low relative intensity noise (RIN) are highly desired to carry broadband data with low bit error rate [8], [9]. In radar related applications, it is also requested the laser's intensity noise to be drastically limited by the shot noise over a bandwidth ranging up to 20 GHz [10]. On the one hand, a RIN level as low as -160 dB/Hz was experimentally measured with InAs/GaAs and InAs/InP QD lasers [11], [12]. On the other hand, a QD comb laser with a RIN level ranging from -120 to -145 dB/Hz in the 0.1-10 GHz frequency band was also proposed for applications in wavelength-division multiplexing and passive optical networks [13]. More recently, it was also shown that a QD laser epitaxially grown on silicon exhibits a RIN from -140 dB/Hz to -150 dB/Hz while that directly grown on germanium is found higher at -120 dB/Hz [14], [15]. Finally, another work unveiled that the RIN of a QD laser emitting on the pure ES emission is more suppressed than that of the GS one [16]. Although a large number of theoretical studies reported on the high-speed properties of QD lasers [17]-[21], literatures are not that abundant for the investigation of the intensity noise. In fact, most of them are not sufficient because they usually do not consider the carrier noise in the model [22] or only take into account the carrier noise originating from the GS level [23]. Thus, this work goes a step forward by semi-analytically investigating the RIN of QD lasers through the inclusion of the carrier noise originating from both lasing and non-lasing states. This work is also supported by previous studies which unveiled that the strong negative correlations arising between carrier and photon noises can not be neglected for studying the dynamics of semiconductor lasers [24]-[26]. Therefore, the paper is organized as follows: Section II introduces the rate equation model including the Langevin noise sources. The numerical results depicted in section III show that the carrier noise in the GS and ES significantly enhances

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Fig. 1. Schematic representation of the electronic structure and carrier dynamics into the QD.

the RIN, while that in the carrier reservoir (RS) does not play a role. In addition, simulations point out that a large GS-ES energy separation is much more favorable for low intensity noise operation. In other words, a small vertical coupling is always more suitable for RIN reduction due to the reduced contribution from the carrier noise in the ES. This last statement also proves that the inclusion of the ES contribution is definitely of vital importance for getting an accurate description of the QD laser intensity noise. Finally, the frequency noise (FN) of QD lasers is also investigated by including the phase of the electric field in the rate equation model. Indeed, it is known that carrier fluctuations provide an additional mechanism of phase fluctuations due to the coupling between the carrier density and the refractive index through the linewidth enhancement factor ( $\alpha_H$ -factor) [8]. In this work, the carrier noise is actually found to have little impact on the FN of QD lasers thus being negligible for the investigation of the spectral linewidth. Finally, we summarize our results and conclusions in section IV.

#### II. NUMERICAL MODEL

The three-level rate equations model is based on the QD electronics structure illustrated in Fig.1. This numerical model holds under the assumption that the active region consists of only one QD ensemble, thus the consideration of dot size dispersion through the inhomogeneous broadening of the gain profile is not taken into account in the model. In this work, electrons and holes are regarded as neutral excitons that are directly injected from the electrodes into the two dimensional carrier RS meaning that the carrier dynamics in the three dimensional separate confinement heterostructure (barrier) layers is not considered in the model. As shown in Fig.1, the carriers are captured from the RS into the QD region which consists of a four-fold degenerate ES as well as a two-fold degenerate GS. The corpuscular rate equations describing carrier and photon dynamics are expressed as:

$$\frac{dN_{RS}}{dt} = \frac{I}{q} + \frac{N_{ES}}{\tau_{RS}^{ES}} - \frac{N_{RS}}{\tau_{ES}^{RS}} (1 - \rho_{ES}) - \frac{N_{RS}}{\tau_{RS}^{spon}} + F_{RS} \quad (1)$$

$$\frac{dN_{ES}}{dt} = \left(\frac{N_{RS}}{\tau_{ES}^{RS}} + \frac{N_{GS}}{\tau_{ES}^{GS}}\right)(1 - \rho_{ES}) - \frac{N_{ES}}{\tau_{GS}^{ES}}(1 - \rho_{GS}) - \frac{N_{ES}}{\tau_{RS}^{ES}} - \frac{N_{ES}}{\tau_{ES}^{spon}} + F_{ES}$$
(2)

$$\frac{dN_{GS}}{dt} = \frac{N_{ES}}{\tau_{GS}^{ES}} (1 - \rho_{GS}) - \frac{N_{GS}}{\tau_{ES}^{GS}} (1 - \rho_{ES}) - \Gamma_p v_g g_{GS} S_{GS} - \frac{N_{GS}}{\tau_{GS}^{spon}} + F_{GS}$$
(3)

$$\frac{dS_{GS}}{dt} = \left(\Gamma_p \upsilon_g g_{GS} - \frac{1}{\tau_p}\right) S_{GS} + \beta_{sp} \frac{N_{GS}}{\tau_{GS}^{spon}} + F_S \tag{4}$$

where I is the bias current, q is the elementary charge, and  $N_{RS,ES,GS}$  are the carrier populations in the RS, ES, and GS, respectively. Only stimulated emission originating from the GS level is considered hence  $S_{GS}$  accounts for the photon number in the the GS level. In equations (1) - (4), the carriers are first captured from the RS into the ES with capture time  $\tau_{ES}^{RS}$ , then relax from the ES down to the GS with a relaxation time  $\tau_{GS}^{ES}$ . Owing to the thermalization, carriers are reemitted from the GS to ES with an escape time  $\tau_{ES}^{GS}$ , and from the ES to the RS with an escape time  $\tau_{RS}^{ES}$ . In addition, carriers also recombine spontaneously with spontaneous emission times  $\tau_{RS,ES,GS}^{spon}$ . Lastly, let us stress that  $\rho_{ES,GS}$  correspond to the carrier occupation probabilities in the ES and GS, whereas  $\Gamma_p$ is the optical confinement factor,  $\tau_p$  the photon lifetime,  $v_g$ the group velocity and  $\beta_{sp}$  the spontaneous emission factor. In order to retrieve the FN, the differential equation describing the phase dynamics of the electric field  $\phi$  is also given by:

$$\frac{d\phi}{dt} = \frac{1}{2}\Gamma_p \upsilon_g (g_{GS} \alpha_{GS} + g_{ES} \kappa_{ES} + g_{RS} \kappa_{RS}) + F_\phi \qquad (5)$$

where  $\alpha_{GS}$  is the GS contribution to the  $\alpha_H$ -factor, while  $\kappa_{ES,RS}$  are coefficients linked to the ES and RS contributions, respectively [27]. Finally,  $g_{RS,ES,GS}$  are the material gain of each state whose expressions can be found elsewhere [28]. Last but not least, it is worth noting that this model only considers the stimulated emission from the GS transition.

Modeling the RIN is conducted through the inclusion of the Langevin noise sources characterizing both the carrier and the spontaneous emission noises [7]. Here,  $F_{RS,ES,GS}$ ,  $F_S$ , and  $F_{\phi}$  are the carrier, photon, and phase noise sources respectively. The Langevin noise sources disturb the laser away from its steady-state condition. The expectation values of all Langevin noise terms are zero due to their white noise nature. Furthermore, the correlation strength of two Langevin noise sources is such as  $\langle F_i(t)F_j(t')\rangle = U_{ij}\delta(t - t')$ , where indexes *i*, *j* refer to RS, ES, GS, S and  $\phi$  with  $U_{ij}$  the diffusion coefficient between two noise sources which are delta-correlated. Following the approach developed in [8] and using the steady-state solutions from (1) - (5), the diffusion coefficients are found to be expressed such as:

$$U_{RSRS} = 2 \times \left( \frac{N_{RS}}{\tau_{ES}^{RS}} (1 - \rho_{ES}) + \frac{N_{RS}}{\tau_{RS}^{spon}} \right)$$
(6)

$$U_{ESES} = 2 \times \left(\frac{N_{RS}}{\tau_{ES}^{RS}} + \frac{N_{GS}}{\tau_{ES}^{GS}}\right) (1 - \rho_{ES}) \tag{7}$$

$$U_{GSGS} = 2 \times \left[ \frac{N_{ES}}{\tau_{GS}^{ES}} (1 - \rho_{GS}) - \Gamma_p \upsilon_g g_{GS} S_{GS} + \beta_{sp} \frac{N_{GS}}{\tau_{GS}^{spon}} S_{GS} \right]$$
(8)

$$U_{SS} = 2 \times \beta_{sp} \frac{N_{GS}}{\tau_{GS}^{spon}} S_{GS} \tag{9}$$

$$U_{\phi\phi} = \frac{1}{2S_{GS}} \beta_{sp} \frac{N_{GS}}{\tau_{GS}^{spon}} \tag{10}$$

$$U_{RSES} = -\left\lfloor \frac{N_{RS}}{\tau_{ES}^{RS}} (1 - \rho_{ES}) + \frac{N_{ES}}{\tau_{RS}^{ES}} \right\rfloor$$
(11)

$$U_{ESGS} = -\left[\frac{N_{GS}}{\tau_{ES}^{GS}}(1-\rho_{ES}) + \frac{N_{ES}}{\tau_{GS}^{ES}}(1-\rho_{GS})\right] \quad (12)$$

$$U_{GSS} = -\left[2\beta_{sp}\frac{N_{GS}}{\tau_{GS}^{spon}}S_{GS} - \Gamma_p v_g g_{GS}S_{GS}\right]$$
(13)

$$U_{RS\phi} = U_{ES\phi} = U_{GS\phi} = U_{S\phi} = 0$$
(14)

Through a small signal analysis, we linearize the rate equations (1) - (5), and yield:

$$\begin{bmatrix} \gamma_{11} + j\omega & -\gamma_{12} & 0 & 0 & 0 \\ -\gamma_{21} & \gamma_{22} + j\omega & -\gamma_{23} & 0 & 0 \\ 0 & -\gamma_{32} & \gamma_{33} + j\omega & -\gamma_{34} & 0 \\ 0 & 0 & -\gamma_{43} & \gamma_{44} + j\omega & 0 \\ -\gamma_{51} & -\gamma_{52} & -\gamma_{53} & -\gamma_{54} & j\omega \end{bmatrix} \times \begin{bmatrix} \delta N_{RS} \\ \delta N_{ES} \\ \delta S_{GS} \\ \delta \phi \end{bmatrix}$$
(15)

$$=\begin{bmatrix} F_{KS} \\ F_{ES} \\ F_{GS} \\ F_{S} \\ F_{\phi} \end{bmatrix}$$

with

$$\begin{split} \gamma_{11} &= \frac{1 - \rho_{ES}}{\tau_{ES}^{RS}} + \frac{1}{\tau_{RS}^{spon}};\\ \gamma_{12} &= \frac{1}{\tau_{RS}^{ES}} + \frac{1}{4N_B} \frac{N_{RS}}{\tau_{ES}^{RS}};\\ \gamma_{21} &= \frac{1 - \rho_{ES}}{\tau_{ES}^{RS}};\\ \gamma_{23} &= \frac{1 - \rho_{ES}}{\tau_{ES}^{S}} + \frac{1}{2N_B} \frac{N_{ES}}{\tau_{ES}^{ES}};\\ \gamma_{22} &= \frac{1 - \rho_{GS}}{\tau_{GS}^{S}} + \frac{1}{\tau_{RS}^{S}} + \frac{1}{\tau_{ES}^{spon}} + \frac{1}{4N_B} \left(\frac{N_{RS}}{\tau_{ES}^{RS}} + \frac{N_{GS}}{\tau_{ES}^{GS}}\right);\\ \gamma_{32} &= \frac{1 - \rho_{GS}}{\tau_{GS}^{ES}} + \frac{1}{4N_B} \frac{N_{GS}}{\tau_{ES}^{GS}};\\ \gamma_{33} &= \frac{1 - \rho_{ES}}{\tau_{ES}^{GS}} + \frac{1}{\tau_{GS}^{spon}} + \frac{1}{2N_B} \frac{N_{ES}}{\tau_{ES}^{ES}} + \Gamma_p v_g a_{GS} S_{GS};\\ \gamma_{34} &= -\Gamma_p v_g a_{GS} + \Gamma_p v_g a_p S_{GS};\\ \gamma_{43} &= \Gamma_p v_g a_{GS} S_{GS} + \frac{\beta_{sp}}{\tau_{GS}^{spon}};\\ \gamma_{44} &= \frac{1}{\tau_p} - \Gamma_p v_g g_{GS} + \Gamma_p v_g a_p S_{GS};\\ \gamma_{51} &= \Gamma_p v_g a_{RS} \kappa_{RS}; \end{split}$$

TABLE I MATERIAL AND OPTICAL PARAMETERS OF THE INAs/InP(311B) QD LASER

Symbol	Description	Value
$E_{RS}$	RS transition energy	0.97 eV
$E_{ES}$	ES transition energy	0.87 eV
$E_{GS}$	GS transition energy	0.82 eV
$ au_{ES}^{RS}$	RS to ES capture time	6.3 ps
$ au_{GS}^{ES}$	ES to GS relaxation time	2.9 ps
$ au_{RS}^{ES}$	ES to RS escape time	2.7 ns
$ au_{ES}^{GS}$	GS to ES escape time	10.4 ps
$ au_{RS}^{spon}$	RS spontaneous emission time	0.5 ns
$ au_{ES}^{spon}$	ES spontaneous emission time	0.5 ns
$\tau_{GS}^{spon}$	GS spontaneous emission time	1.2 ns
$\tau_p$	Photon lifetime	4.1 ps
$T_2$	Polarization dephasing time	0.1 ps
$\beta_{sp}$	Spontaneous emission factor	$1 \times 10^{-4}$
$a_{GS}$	GS Differential gain	$5.0 \times 10^{-15} \text{ cm}^2$
$a_{ES}$	ES Differential gain	$10 \times 10^{-15} \text{ cm}^2$
$a_{RS}$	RS Differential gain	$2.5 \times 10^{-15} \text{ cm}^2$
ξ	Gain compression factor	$2.0 \times 10^{-16} \text{ cm}^3$
$\Gamma_p$	Optical confinement factor	0.06
$\alpha_{GS}$	GS contribution to $\alpha_H$ -factor	0.5
$N_B$	Total dot number	$1 \times 10^{7}$
$D_{RS}$	Total RS state number	$4.8 \times 10^{6}$
$V_B$	Active region volume	$5 \times 10^{-11} \text{ cm}^3$
$V_{RS}$	RS region volume	$1 \times 10^{-11} \text{ cm}^3$
$\kappa_{ES}$	ES contribution coefficient	0.122
$\kappa_{RS}$	RS contribution coefficient	0.037

$$\gamma_{52} = \frac{1}{4} \Gamma_p v_g a_{ES} \kappa_{ES};$$
  

$$\gamma_{53} = \frac{1}{2} \Gamma_p v_g a_{GS} \alpha_{GS};$$
  

$$\gamma_{54} = -\frac{1}{2} \Gamma_p v_g a_p \alpha_{GS};$$
(16)

Where  $N_B$  is the total dot number,  $a_{RS,ES,GS}$  are the differential gains with respect to the carrier density while  $a_p$  takes into account the fact that the gain is compressed at high photon densities such as  $dg_{GS} = a_{GS}dN_{GS} - a_pdS_{GS}$ . Following Cramer's rule, the RIN of the QD laser emitting on the GS transition is then expressed as follows:

$$RIN(\omega) = \frac{|\delta S_{GS}(\omega)|^2}{S_{GS}^2}$$
(17)

with  $\delta S_{GS}(\omega)$  being the photon number variation in the frequency domain and  $S_{GS}$  being the average photon number. The laser under study is based on the InAs/InP(311B) QD structure. All material and optical parameters are listed in Table I, unless stated otherwise [28]. The threshold current ( $I_{th}$ ) is found of 48 mA in this QD laser.

# **III. RESULTS AND DISCUSSION**

Fig. 2 presents the RIN of the QD laser calculated for bias currents of  $1.5 \times I_{th}$ ,  $2.5 \times I_{th}$  and  $3.5 \times I_{th}$ , respectively. The



Fig. 2. Contribution of  $F_{RS,ES,GS}$  to the RIN at bias currents of  $1.5 \times I_{th}$ ,  $2.5 \times I_{th}$  and  $3.5 \times I_{th}$ , respectively. The solid lines are with carrier noise while the dash-dot lines are not.



Fig. 3. The RIN at 1 MHz with (solid line) and without (dash-dot line) carrier noise as a function of the normalized bias current.

RIN is almost constant at low frequencies below 1.0 GHz, and exhibits a peak at the resonance frequency of the QD laser. Above the resonance, the RIN decreases at high frequency. It has to be remarked that the partition noise arising from the random division of reflected and transmitted photons at the cavity facets is not included in the calculations, which leads to a noise floor in the high frequency part of the RIN spectrum [8]. At a higher bias current, the RIN decreases in the whole spectral range due to the larger damping factor and the peak shifts towards a higher frequency along with a reduced peak amplitude. Surprisingly, the RIN including the carrier noise (solid curves)  $F_{RS,ES,GS}$  has a significant difference in comparison to that without  $F_{RS,ES,GS}$  (dash-dot curves), especially at low frequencies (< 1.0 GHz). The low-frequency RIN (extracted at 1.0 MHz) at  $1.5 \times I_{th}$  increases from -144 dB/Hz to -134 dB/Hz when the carrier noise is included. Fig. 3 shows that this discrepancy of 10 dB becomes even slightly larger at a higher bias current. In contrast, this difference in QW lasers is only less than 4 dB based on our simulations.



Fig. 4. Simulation of the RIN spectra at  $1.5 \times I_{th}$  for the cases including the carrier noise sources  $F_{RS,ES,GS},F_{ES,GS},F_{GS}$  and without  $(F_{RS,ES,GS} = 0)$ .



Fig. 5. Simulated RIN at 1 MHz as a function of the GS-ES separation  $(\Delta E_{GS}^{ES})$  for different photon numbers.

In order to clarify the contribution of the carrier noise of each state to the laser intensity noise, Fig. 4 plots the RIN spectra at  $1.5 \times I_{th}$  for the cases with  $F_{RS,ES,GS}$ (solid line),  $F_{ES,GS}$  (dash line),  $F_{GS}$  (dot line) and without  $F_{RS,ES,GS}$  (dash-dot line), respectively. It is found that both  $F_{GS}$  and  $F_{ES}$  dominate the carrier noise contribution, while  $F_{RS}$  remains perfectly negligible. In addition,  $F_{GS}$  enhances the RIN amplitude over the whole frequency range, while  $F_{ES}$ only increases the RIN at frequencies below the resonance frequency. As performed in [29], it was shown that the carrier noise sources can affect the intensity fluctuations in QW laser. Therefore, in case of QD lasers, these simulations prove that the inclusion of the carrier noise originating from both GS and ES is of first importance for investigating the RIN characteristics while that of the RS does not really play a role.

Since the carrier noise in the GS and ES has a dominant contribution to the RIN, it is possible to reduce the intensity noise by changing the GS-ES energy separation  $\Delta E_{GS}^{ES}$ . As the threshold current changes with  $\Delta E_{GS}^{ES}$ , the photon density is fixed in the simulations rather than the bias current. Fig. 5 depicts the RIN at 1 MHz as a function of



Fig. 6. The RIN at 1 MHz as a function of the relaxation time from ES to GS assuming a capture time  $\tau_{ES}^{RS} = 2.17 \times \tau_{GS}^{ES}$  and a photon number of  $2 \times 10^5$ .

 $\Delta E^{ES}_{G\S}$  for different photon numbers of  $2{\times}10^5,~3{\times}10^5$  and  $4 \times 10^{5}$ , respectively. The GS-RS energy separation is kept at  $\Delta E_{GS}^{RS} = 3 \times \Delta E_{GS}^{ES}$  while the carrier capture and relaxation times are fixed (see Table I) since the carrier scattering rates are weakly dependent on the energy separation [30]. It is shown that increasing the GS-ES energy separation reduces the RIN of the QD laser. For a lasing photon number of  $2 \times 10^5$ , the RIN is found to decrease from -143 dB/Hz for  $\Delta E_{GS}^{ES} = 0.05 \text{ eV}$  down to -149 dB/Hz for  $\Delta E_{GS}^{ES} = 0.16 \text{ eV}$  hence corresponding to a reduction by as much as 6 dB. On the other hand, the amplitude also decreases at higher photon numbers due to the larger damping factor. However, further increase of  $\Delta E_{GS}^{ES}$  will slowly reduce the RIN value since the contribution of carrier noise in the ES can be minimized by  $\Delta E_{GS}^{ES}$  while that in the GS relies more on the inherent material property. Therefore, by further increasing the GS-ES energy level interval, e.g., by using smaller dots, and more QD layers in the active region, further improvements of the RIN performance is expected [31]. In conclusion, a small vertical coupling between the GS and the ES is in favor of low intensity noise operation because of the reduced carrier noise contribution from the ES. This proves that the inclusion of the ES contribution is required for getting a much better accurate description of the QD laser intensity noise.

The impact of the relaxation time on the RIN properties is also investigated. Fig. 6 shows the calculated RIN at 1 MHz as a function of the relaxation time assuming a capture time from RS to ES such as  $\tau_{ES}^{RS} = 2.17 \times \tau_{GS}^{ES}$  and a photon number of  $2 \times 10^5$ . It is found that the RIN decreases rapidly with the increase of the relaxation time in particular below 10 ps because the carrier noise in the ES level has less impact on the GS (see equation (12)). Beyond 10 ps, the RIN is found rather insensitive to the relaxation time. In addition, the RIN of QD lasers is expected to be reduced for longer photon lifetime, which is the same as in QW lasers [8], [32]. The increase of the photon lifetime can be achieved either by enlarging the cavity length, increasing the power reflectivities, or by reducing the internal loss. However, to reproduce the above relations in the simulations, further improvements of



Fig. 7. Carrier noise contribution to the FN at several bias currents. The solid line are with carrier noise while the dash-dot lines are not.

the current numerical model are required to take into account the impact of such modifications on the spontaneous emission factor [32] and the spatial hole burning effects [8], which is in the latter of paramount importance for distributed feedback lasers [33].

Finally, the carrier noise contribution to the FN of QD lasers is also investigated through equations (1) - (5). Based on (15), the FN is calculated by:

$$FN(\omega) = \left| \frac{j\omega\delta\phi(\omega)^2}{2\pi} \right|$$
(18)

with  $\delta\phi(\omega)$  being the phase fluctuation. Fig. 7 illustrates that the carrier noise has little contribution to the FN except at the resonance frequency, where the peak is slightly enhanced. This is understandable because the high-frequency part of the FN is determined solely by the spontaneous emission of the GS whereas the low-frequency contribution is essentially governed by both the spontaneous emission and the  $\alpha_H$ -factor of the QD laser [34]. From the low-frequency part of the FN, the optical linewidth at  $3.5 \times I_{th}$  is found to be about 500 kHz. Although the optical linewidth is slightly larger than that recently measured on QD lasers, it can be further decreased at higher output power and through a better design optimization [1]. As a conclusion, Fig. 7 suggests that the neglection of the distributed carrier noise in the GS, ES and RS is a proper approximation for both FN and spectral linewidth investigations [28]. From the FN spectra, the  $\alpha_H$ -factor of the QD laser can be extracted as depicted in Fig. 8 [28]. The red squares present the  $\alpha_H$ -factor including the contribution of all populations in the GS, ES and RS. It is found that the  $\alpha_H$ factor increases with the bias current from 0.76 at  $1.2 \times I_{th}$  to 0.86 at  $4.2 \times I_{th}$ . Blue circles point out that the population in the RS has a negligible contribution to the  $\alpha_H$ -factor. On the contrary, the contribution of the population in the ES to the  $\alpha_H$ -factor is more than 34% at  $1.2 \times I_{th}$  hence the population in the ES and GS dominate the contribution to the  $\alpha_H$ -factor.

In the end, it is worthwhile noting that this work does not take into account the stimulated emission and the spontaneous emission noise from ES, meaning that the QD laser emits on the sole GS level. In this case, the highly damped factor



Fig. 8. Contribution of the GS, the ES and the RS to the  $\alpha_H$ -factor as a function of the normalized bias current.

yielding from the large gain compression coefficient leads to the low intensity noise in sole GS emiting QD laser [12]. The spontaneous emission noise from the ES is expected to have little impact on the RIN and FN of the GS emission, because it can only slightly perturb carrier fluctuations. In contrast, a recent work showed that the intensity noise of the QD laser was reduced (by 4 dB) when the GS and the ES emit simultaneously, as compared to the case of sole GS or ES emission [35]. This effect has been attributed to the coupling of GS and ES emissions through the finite carrier relaxation time. On the other hand, we believe that the ES emission can hardly affect the FN of GS emission, since the phases of each electric field are uncorrelated.

### **IV. CONCLUSIONS**

To summarize, the RIN characteristics of QD lasers are theoretically investigated from a small-signal analysis of a rate equation model, where both the carrier noise and the spontaneous emission noise are taken into account. Results show that the carrier noise in the GS and the ES significantly increase the amplitude of the RIN, while the contribution of the carrier noise in the RS remains negligible. In addition, it is demonstrated that the ES carrier noise contribution can be suppressed by considering QD lasers with a larger GS-ES energy separation, hence leading to a substantial reduction of the RIN. Last but not the least, simulations also point out that the carrier noise does not contribute that much to the FN which is determinant for narrow spectral linewidth operation as compared to what exists in QW or bulk lasers. Overall, we believe that this work brings further insights in the understanding of QD laser physics and is being useful for designing and manufacturing ultra-low noise oscillators for high-speed communications, optical frequency combs and radar applications.

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Jianan Duan was born in Yinchuan, China, in 1992. He received the bachelor's degree in optronics engineering from the Huazhong University of Science and Technology, Wuhan, China, in 2014, the Engineer Diploma degree in optronics from the University of Paris-Sud, Orasy, France, in 2016, and the master's degree in electronics from the University of Paris-Saclay, Saclay, France, in 2016. He is currently pursuing the Ph.D. degree with the Department of Communication and Electronics, Télécom ParisTech, Paris. His current research interests are focused on

the study of the dynamics of quantum dot lasers.

Xing-Guang Wang was born in Bengbu, China, in 1995. She received the B.E. degree in electronic science and technology from the Hefei University of Technology, Hefei, China, in 2017. She is currently pursuing the M.S. degree with ShanghaiTech University, Shanghai, China. Her research activity is focused on dynamics and nonlinear dynamics of quantum cascade lasers.

Yue-Guang Zhou was born in Lianyuan, Hunan, China, in 1995. He received the bachelor's degree in electronic science and technology from the Harbin Institute of Technology, Harbin, China, in 2017. He is currently pursuing the master's degree with the School of Information Science and Technology, ShanghaiTech University, China. His current research interests include modeling and characterization of quantum dot lasers.



Cheng Wang was born in Tengzhou, China, in 1987. He received the M.S. degree in physical electronics from the Harbin Institute of Technology, Harbin, China, in 2011, and the Ph.D degree in optoelectronics from the Institut National des Sciences Appliquées, Rennes, France, in 2015. During his Ph.D period, he has researched at Télécom Paris-Tech, France, the Technical University of Berlin, Germany, and the Politecnico di Torino, Italy. Then, he joined the Department of Electronic Engineering, City University of Hong Kong, Hong Kong, as a

Senior Research Assistant. Since 2016, he has been an Assistant Professor with ShanghaiTech University, Shanghai, China. His main research interests are modeling and characterization of quantum structured semiconductor lasers including quantum dot lasers, quantum cascade lasers, and interband cascade lasers, for applications in optical communication, and in gas spectroscopy.



**Frédéric Grillot** was born in Versailles, France, in 1974. He received the M.Sc. degree in physics from the University of Dijon, France, in 1999, the Ph.D. degree in electrical engineering from the University of Besançon, France, in 2003, and the Research Habilitation in physics from the University of Paris VII, France, in 2012. His doctoral research activities were conducted within the Optical Component Research Department, Nokia Bell Labs (formerly Alcatel-Lucent), working on the effects of the optical feedback dynamics in semiconductor

lasers and the impact of this phenomenon on communication systems. From 2003 to 2004, he was with the Center for Nanoscience and Nanotechnology. University Paris-Saclay, where he focused on integrated optics modeling and silicon-based passive devices for optical interconnects. From 2004 to 2012, he was an Assistant Professor with the Institut National des Sciences Appliquées, Rennes, France. From 2008 to 2009, he was a Visiting Research Professor with the University of New-Mexico, Albuquerque, USA, leading research in optoelectronics at the Center for High Technology Materials. In 2012, he joined Télécom ParisTech, one of the top French public institutions of higher education and research of engineering in France, as an Associate Professor and became a Full Professor in 2017. Since 2015, he has also been serving as a Research Professor with The University of New Mexico. In 2017, he joined the Electrical Engineering Department, University of California at Los Angeles, USA, as a Visiting Professor teaching dynamics of lasers and applied quantum mechanics. He has published 90 journal articles, one book, three book chapters, and over 200 contributions in international conferences and workshops. His current research interests include, but are not limited to, advanced quantum confined devices using new materials, such as quantum dots and dashes, light emitters based on intersubband transitions, nonlinear dynamics, optical chaos in semiconductor lasers systems, microwave and silicon photonics applications. He is currently serving as an Associate Editor for Optics Express (OSA) and a Senior Consultant and Advisor Technology Partnerships for Baehl Innovation. He is a Senior Member of the SPIE and the IEEE Photonics Society.