To the Moon and back: are Internet bufferbloat delays really that large?

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Abstract—Recently, the “bufferbloat” term has been coined to describe very large queuing delays (up to several seconds) experienced by Internet users. This problem has pushed protocol designer to deploy alternative (delay-based) models to the standard (loss-based) TCP best effort congestion control. In this work, we exploit timestamp information carried in the LEDBAT header, a protocol proposed by BitTorrent as replacement for TCP data transfer, to infer the queuing delay suffered by remote hosts. We conduct a thorough measurement campaign, that let us conclude that (i) LEDBAT delay-based congestion control is effective in keeping the queuing delay low for the bulk of the peers, (ii) yet about 1% of peers often experience queuing delay in excess of 1s, and (iii) not only the network access type, but also the BitTorrent client and the operating system concur in determining the bufferbloat magnitude.

I. INTRODUCTION

Sending packets over the Internet sometimes takes more than Earth-to-Moon communication: one-way propagation delay in the latter case takes slightly more than one second, while TCP/IP packets sometimes gets queued for several seconds [7], [12].

Reasons under this phenomenon, for which the “bufferbloat” term was recently coined [7], are due to excessive buffer sizes coupled to TCP congestion control mechanism: as TCP halves its sending window as a reaction to losses, the buffer forcibly has to fill. Notice that buffer sizes involved are often small in absolute terms (few KBs), but are large relatively to capacity (few Kbps) of the narrow cable, ADSL or WiFi links in front of these buffers, translating into possibly very large queuing delays. Notice also that the problem is hardly solved by reducing the buffer size: this is clearly understood considering WiFi links, where the range of capacities for the same AP-client pair depends on the signal to noise ratio and may vary by orders of magnitude at any moment.

While the problem has been known for quite some years now [8], Moore’s law has driven down manufactures cost, making large buffer sizes cheaper. To make the point, [10] assesses the relative popularity of different set-top-boxes. The top-10 models account have an average buffer size of 136KB. The most popular model, that represents nearly 40% of all samples, has the smallest buffer among all models (48KB), that would however translate into 1 sec worth of queuing delay for the common uplink capacity of 384Kbps.

Clearly, bufferbloat could be worst for other models, as indeed authors of Netalyzr [12] show. At the same time, we point out that Netalyzr methodology exposes by design the maximum achievable bufferbloat, as it saturates a link with a backlogged transfer lasting for several seconds. However, currently little is known about the typical bufferbloat that users experience during their daily Internet activities: as such, while the networking community is aware of the problem existence and of the magnitude of its worst case, it mostly ignores its typical instance.

In this work, we measure the typical bufferbloat by exploiting LEDBAT, a novel delay-based protocol used by BitTorrent as a replacement of TCP for data swarming, that has lately been standardized at the IETF. We design our methodology such that we are able to passively monitor the upstream queuing delay of any remote host that is sending BitTorrent data chunks to one of our controlled (but otherwise unmodified) BitTorrent peers. We note that is perfectly in line with the Dasu approach [6], that advocates to move the ISP characterization toward the network edge. We stress that Dasu as well leverages BitTorrent for Internet measurement: as BitTorrent is a well established and popular application, it has the ability to reach a large user-base.

Our main contributions are as follows. First, we implement the bufferbloat methodology in Tstat [1], a popular flow-level logger — as we are currently in the process of merging our patches in the main Tstat trunk, we make the software available upon request in the meanwhile. Second, we carry on a fairly large measurement campaign, involving probes connecting to 12 torrents, from 3 vantage points for a total of 88 experiments in which we contacted over 25K external peers — in spirit of the TMA workshop series, we make these traces available at [2]. Third, we analyze the dataset in order to make a valuable assessment of the typical bufferbloat experienced by BitTorrent users. Our methodology is able not only (i) to accurately describe the bufferbloat delay typically encountered by BitTorrent users, e.g., in terms of per-peer average and percentiles, but also (ii) to give partial explanation of its root causes, e.g., relatively weighting the impact of the BitTorrent client, operating system, or access type of different peers. We find that (i) while the bulk of the users have a moderate bufferbloat, a small percentage of users is significantly impacted and that (ii) not only the type of access network, but also the BitTorrent client and the operating system have a sizeable impact in determining user experience.

II. METHODOLOGY

A. Bufferbloat inference

To gauge remote bufferbloat delay, we collect one-way delay (OWD) samples $d_i$, establishing the minimum as a baseline delay $\min_{j \leq j} d_j$, and then equating the queuing delay $q_i$ as the difference of the current sample with respect to the baseline $q_i = d_i - \min_{j \leq j} d_j$. Intuitively, a packet finding an empty queue at the bottleneck will incur the propagation delay component only ($\min_{j \leq j} d_j$).

We point that this is a classic approach used in congestion control to drive congestion window dynamics: early work on this subject date back in late 1980s and more recently LEDBAT [14] followed suit. Our innovation is to demonstrate how a passive observer of LEDBAT traffic can exploit this approach to estimate the uplink delays of remote hosts.
Fig. 1 illustrates our methodology. Based upon information directly available in LEDBAT packet headers, once it has seen 3 packets (the moment is marked by a star), a passive observer O is able to estimate the queuing delay experienced by packet $i$ of host $B$. These delays may result from all upstream traffic from $B$, including flows other than the one being observed and most importantly, possibly directed to other hosts than $A$, and of which thus the observer has no knowledge.

In the absence of framing specification in the LEDBAT standard, our protocol parser is based on BitTorrent’s currently implemented BEP-29 definition [3]. This specifies a header field, named “timestamp” in Fig. 1, that the sender fills with its local clock. On reception of a new packet, the receiver calculates the OWD as the difference between its own local clock and the sender timestamp, and sends this value back to the sender in another LEDBAT header field, named “ack.delay” in Fig. 1. In this way, each acknowledgement packet conveys the estimated OWD incurred by the most recently received data packet: upon reception of an acknowledgement, the sender infers the queuing delay from simple operations on the packet headers, and uses this information to grow/shrink the congestion window [14].

As the observer close to $A$ sniffs the packets, it performs the same state updates as does the LEDBAT congestion control protocol running on $A$. Notice that there is no need for the passive observer to estimate the clock of the probe host $A$: all the needed information are carried in the LEDBAT header. At each packet reception, the observer updates the base delay $\beta_{BA}$ as the minimum over all OWD $B \rightarrow A$ samples:

$$
\beta_{BA} = \min(\beta_{BA}, t_{rx,i}^A - t_{tx,i}^B),
$$

$$
q_i^B = (t_{rx,i}^A - t_{tx,i}^B) - \beta_{BA}
$$

Then, the queuing delay $q_i^B$ incurred by packet $i$ can be inferred by subtracting $\beta_{BA}$ from the timestamp difference carried in packet $i + 1$. Whereas the base delay is dependent upon the unknown offset between the clocks at $B$ and $A$, the queuing delay is independent of the offset, as the offset cancels in the difference operation.

### B. Validation and coupling bias

In a controlled testbed, we have carefully validated the methodology, that yields to extremely reliable results against the ground-truth provided by kernel-level queue length measurement. While validating the above methodology is imperative, in this work we focus on applying the methodology at large, so to assess the current state of the Internet bufferbloat – a more interesting and challenging subject. We refer the reader to [9] or to a companion technical report available at [2] for more details of the validation.

Yet, before proceeding in our analysis, an important point is worth stressing. As our bufferbloat measurement methodology opportunistically exploits data transmission over LEDBAT, this implies that our bufferbloat sampling process is governed by the very same LEDBAT window dynamics.

According to the LEDBAT standard, once the sender measures the queuing delay $q_i$ with (2), it then reacts via the following congestion window (cwnd) dynamics:

$$
cwnd_{i+1} = \max(1, cwnd_i + \gamma (\tau - q_i) / (\tau cwnd_i))
$$

where $\gamma$ and $\tau$ (respectively “GAIN” and “TARGET” in the standard terminology) are set to 1 and 100 ms by default [14].

From (3), it is evident that the number of $q_i$ samples gathered in a RTT will be affected by the value of the queuing delay $q_i$ itself. More precisely, when the queuing delay exceeds the target ($q_i > \tau$) due, e.g., to other traffic crossing the same bottleneck, LEDBAT reduces the window (when $\tau - q_i < 0$ then $cwnd_{i+1} < cwnd_i$): if the cross traffic persists and the delay grows, LEDBAT reduces its sending rate down to a minimum of 1 packet per RTT. This means that, whenever the queuing delay is large, we expect to receive few packets: hence, in case every sample is equally weighted, large queuing delays are undersampled.

Conversely, when no other traffic than LEDBAT is active on the bottleneck link, by definition LEDBAT strives to yield a target $\tau$ queuing delay and settles the congestion window growth when the target is reached. We thus expect to receive many samples carrying values close to $\tau$: hence, in case every sample is equally weighted, $\tau$-long queuing delays are oversampled.

Illustrative examples of this phenomenon are shown in Fig. 2 and Fig. 3. In more details, Fig. 2 exemplifies the temporal evolution of (i) the number of samples in a $\omega = 1$ s window (left $y$-axis, with empty point ○) vs (ii) the value of queuing delay $q_i$ (logarithmic scale, right $y$-axis, with filled point ●). Top-right plot shows the example of a controlled testbed experiment used in our validation, where we artificially inject cross TCP traffic at periodic times, by transferring files of exponentially increasing size at each subsequent period. In this particular case, it is possible to observe that congestion window stays often at its maximum value (in absence of TCP traffic) or drops to the minimum value (in presence of TCP traffic). The other plots report the case of peers in our Internet experiments. Top-left peer achieves very steady queuing delay, unlike peers in the bottom plots (right: ADSL; left: WiFi), whose queuing delay however fluctuates around $\tau = 100$ ms as expected.

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1 Minimum sending rate ensures that the LEDBAT sender continues to periodically measure the queuing delay, and opportunistically grow the window again when the other traffic slows down or stops.

2 The exact number of samples depends on the bandwidth-delay product: e.g., for instance, to fill a 1Mbps link about cwnd=4 packets are needed when RTT=50ms and cwnd=21 when RTT=250ms.
In more detail, denote with \( t_{i+1}^O \) the time at which the (i+1)-th acknowledgement packet carrying information to compute the queuing delay \( q_i^B \) incurred by the i-th data packet (i.e., \( t_{i+1}^O \) is the time marked with a star in Fig. 1, which is larger than \( t_{i+1}^A \), the transmission time of the (i+1)-th packet from \( A \)). Then, denote as \( Q_k^B \) the measurement sample aggregating information gathered from samples received during the \( k \)-th window \( [k\omega,(k+1)\omega) \):

\[
Q_k^B = E[\{q_i^B : t_{i+1}^O \in [k\omega,(k+1)\omega)\}]
\]

(4)

It is intuitive that in case the LEDBAT sender \( B \) is transmitting at full bottleneck rate, multiple \( Q_k^B = \tau \) samples will be counted as a single \( Q_k^B = \tau \) sample. Similarly, when the queue is full and the LEDBAT sender rate is minimal, the possibly unique \( q_i^B \) sample will be counted once by \( Q_k^B \), eliminating thus the bias.

We now compare the biased \( q_i \) and unbiased \( Q_k \) statistics, for two values of \( \omega = \{1,5\} \). Notice that the choice of \( \omega \) is guided by the timescale of user activities and is correlated with quality of experience estimation. For every window of duration \( \omega \), we want to assess what are the typical delay users can expect to wait. A \( \omega = 1 \) s duration is thus very relevant for both interactive VoIP/gaming communication and Web traffic. Concerning VoIP/gaming, an average \( Q_k \geq 150 \) ms is symptomatic of bad QoE during the \( k \)-th window [4]. Concerning Web traffic, notice that the serial actions performed by the browser (e.g., DNS lookup, TCP three-way handshake at layer-4, and subsequent HTTP GET at layer-7) all incur the queuing delay, so that \( Q_k \geq 1s \) is symptomatic of bad QoE.

We show in Fig. 4 the distribution of the biased \( q_i \) and unbiased \( Q_k \) statistics for \( \omega = \{1,5\} \). Notice that there may be samples \( Q_k \), obtained during the \( k \)-th window, reporting values larger than the window \( \omega \) itself. We point out these to be valid samples: indeed, since LEDBAT minimum sending rate is 1 packet per RTT, this happens whenever the RTT exceeds \( \omega \) due to the queuing delay. For this reason, we also consider a larger window \( \omega = 5s \), though in this case we loose a precise time granularity (an average \( Q_i \) over \( \omega = 5s \) large windows is less telling as far as user QoE is concerned). As Fig. 4 shows, the Cumulative Distribution Function (CDF) of all packet-level queuing delay samples \( q_i \) is, as we early argued, biased to a systematic underestimation of high queuing delays. This is solved in the windowed approach, that furthermore exhibits very similar statistics for both \( \omega = \{1,5\} \). This is even more evident in the Complementary CDF (CCDF) depicted in the inset of Fig. 4, showing that while only about 1/1000 \( q_i \) samples exceeds 10 seconds of queuing delay, a windowed \( Q_i \) estimate corrects this amount to 1/100 when for

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3Whose number is cwnd\cdot \omega/RTT

4In this case cwnd=1 and due to queuing delay, RTT can grow larger than \( \omega \)
Overall, our BitTorrent probes exchanged with 24,678 external peers, about half of which transferred data using LEDBAT (over which we gathered, e.g., Fig. 4). Clearly, an host may participate into multiple swarms. Furthermore, as our experiments are repeated with different clients, we can thus encounter the same external peer multiple time over our experimental campaign. This is indeed the case, as we find 8914 unique IP addresses. Among these peers, in order to gather statistically meaningful results, we require a minimum amount of queuing delay samples $q_i^p$ per peer: we only consider peers yielding at least 25 queuing delay samples (or 50 packets). Notice that, in case we encounter a peer multiple times in our experiments, we count it (at most) once per each experiments in which it appears (for each experiment, the peer is considered provided that it sends 50 packets). In the reminder of the analysis, we focus on this peer subset, consisting of 6,896 peers (1,931 unique IPs).

IV. Analysis

A. Bufferbloat observation

First, we start by considering the distribution of the queuing delay percentiles over all peers. Intuitively, the 90, 95 and 99-th percentiles statistics are related to the queuing delay experienced by a peer during the most highly loaded 10%, 5% and 1% observation windows respectively.

While Fig. 4 contrasted per-packet $q_i$ vs windowed $Q_i$ queuing delay considering all samples over all peers, Fig. 5 instead considers each peer once per each experiments. Let us consider the 90-th percentile statistics for the sake of the example. During a single experiment, for each remote peer $P$ we gather multiple observations of windowed queuing delay statistics $Q_i^P$, based on which we compute the 90-th queuing delay percentile for peer $P$: Fig. 5 reports the CDF distribution of 90-th queuing delay percentile over all peers, over all experiments.

First, notice that part of the samples report a very low queuing delay (i.e., below 1ms): these corresponds to cases where external leechers receive data from our probes, and we are receiving in turn only an acknowledgement stream. In this case, since queuing is in our upstream, the low-bandwidth acknowledgement stream is not incurring any access bottleneck and thus traverse an empty queue. Notice that, additionally, the remote peer is also not sending data to other peers either, as otherwise we would observe a rise in queuing delay.

Otherwise, we gather that 99% of the windows of the median peer have a queuing delay below 60 ms. Moreover, only 10% of the peers experience a 90-th (99-th) percentile above 100 ms (200 ms). In other words, for the 10% of peers that are most affected by bufferbloat, only 10% (1%) of their 1-second windows incur more than 100 ms (200 ms) queuing delay. Finally, only 1%
of peers have a 90-th (99-th) queuing delay percentile above 1 s (2 s).

Summarizing, from Fig. 5 we gather that (i) the bulk of peers experience queuing delays that are generally non-harming for interactive traffic: i.e., for 90% of peers, 90% of windows have a queuing delay smaller than 100 ms. At the same time (ii) some users may perceive the rest of their activities annoyed by the ongoing BitTorrent transfers, since about 1% of the peers have at least 10% of windows have a queuing delay exceeding 1 s.

Coupling findings in Fig. 5 and Fig. 4 (showing that 1% of all windows over all peers can reach up to 10 s worth of delay), we understand that these high-delay windows mostly concern a small population of very active BitTorrent users, whose Internet activities can suffer from significant bufferbloat. Since a single TCP connection is able to fill the buffer, LEDBAT transfers to our probe are however not the cause of their bufferbloat, which is rather tied to TCP uploads to some other peers in the swarm.

B. Root Cause Analysis

We now adopt the user viewpoint, and assess the importance of different choices she can make to relieve her bufferbloat problem. At high level, users can select an ISP and access technology (e.g., subscribing DSL or Fiber contracts depending on her budget), are free to adopt one of the several operating systems available on the market (some of which free of charges), and can install one of the many BitTorrent clients (most of which are free of charges).

We thus now formally analyze the impact on the bufferbloat of external factors such as the BitTorrent client (BC), the host Operating System (OS) and access type (AT). To do so, we need to correlate queuing delay statistics, gathered by applying our methodology to the raw packet-level traces, with additional information. To this purpose, during the BitTorrent transfer the probe also collected complementary data for each contacted peers. In more details, we infer (i) the access type from reverse DNS queries, (ii) the operating system type by OS fingerprinting based on the IP TTL field [5] and (iii) the BitTorrent client by parsing the L7 BitTorrent handshake message.

For instance, reverse DNS queries sometimes provide us clues about the peers’ access network type (e.g., when domain label explicitly contains keywords such as ftth, fttc, cable, adsl, vdsl, etc.), letting us compare the typical bufferbloat incurred by DSL vs Cable vs Fiber users. For the sake of the example, we report a breakdown of the queuing delay statistics according to the access type in the bottom plot of Fig. 6, and label as World the statistics over all samples irrespectively of their access type. As expected, DSL peers experience worse queuing delay with respect to Cable and especially Fiber users.

We point out that this additional information is not always available. We report the exact cardinalities of the annotated dataset per each feature in Tab. III. Notice for instance that DNS reverse information were available for only a subset of IPs (3057 hosts), and that furthermore some of the domain names provided by DNS response did not provide labels that were explicitly tied to the access type of an host (1144 unclassified).

To make the analysis simpler, for each of the AT, BC and OS features, we consider two classes: namely, we divide AT in low vs high speed access, OS in Windows vs other operating systems, and BC in uTorrent vs other clients. For the sake of comparison, we additionally consider a World set (W), that is representative of all samples, irrespectively of any feature or class, and that is based on the full peer population.

We then compute queuing delay statistics for each class, as in Fig. 6, and resort to standard metrics to compare differences in the distribution. More precisely, we make either (i) class-to-class comparison using the Hellinger Distance or (ii) class-to-world comparison using Kullback-Leibler divergence.

$$\text{HD}(A, B) = \sqrt{1 - \sum_{x \in X} \sqrt{A(x)B(x)}} \quad (5)$$

$$\text{KL}(A, W) = \sum_{x \in X} A(x) \ln \frac{A(x)}{W(x)} \quad (6)$$

Let us denote with $A$, $B$ and $W$ the probability distribution functions of the windowed queuing delay metric for classes $A$, $B$ and world respectively. Hellinger distance ($HD$), defined in (5), is a score of similarity between distributions. Values of distance between two classes ranges in $HD(A, B) \in [0, 1]$, with lower values corresponding to higher similarity. Additionally, HD is a symmetric function, so that a single value $HD(A, B) = HD(B, A)$ quantifies the distance between classes. The Kullback Leibler ($KL$) divergence, defined in (6), is a measure of the difference between two probability distribution, and is related to the amount of information encoded in $A$, $W$. Since $KL$ is non-

<table>
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symmetric, we compute both $KL(A,W)$ and $KL(B,W)$.

For the sake of the example Fig. 6 reports the $HD$ and $KL$ scores in two cases. For reference purposes, top plot consider two randomly generated classes (namely, a random subset $A$ and its complement $W\backslash A$): the $HD$ and $KL$ scores obtained in this case are representative of the lowest possible level of correlation between the feature and the queuing delay distribution. As it can be seen, queuing delay CDFs for random classes $A$ and $W\backslash A$ overlap with the world set $W$, that yield to the minimum distance scores of $HD = 0.176$ and $KL = 0.023$. Bottom plot of Fig. 6 reports instead $HD$ and $KL$ scores for the access type feature: in this case, differences in the CDFs are evident and translate into higher values of $HD = 0.459$ (about 3 times bigger than in the random case) and $KL = 0.226$ (about 10 times bigger).

Tab. III reports $HD$ and $KL$ scores and queuing delay percentile for all features, including random partitioning as a reference. To avoid a class imbalance bias (recall Tab. II), we compute average $HD$ and $KL$ over 10 samples of the largest class having the same cardinality of the smallest class. For the sake of clarity, consider the access type feature, where the low-speed class have 2660 samples, whereas the high-speed class has only 397 samples: in this case, we compute $HD$ and $KL$ over 10 subsets of 397 samples from the low-speed class. From Tab. III it can be seen that, as expected, the access type feature plays the biggest role in determining the bufferbloat extent: the class-to-class difference scores $HD = 0.459$, median delays are 3 times higher in the low-speed class, and 90-th delay percentiles are 2 times higher. Interestingly, the operating system and BitTorrent client have a sizeable role as well, with furthermore very similar magnitudo (i.e., similar $HD$, $KL$ and delay percentiles).

As for the BC feature, difference in the connection management policies among clients may have an impact on the bufferbloat. For instance, uTorrent handles the dual TCP/LEDBAT stack by simultaneously opening a TCP and a LEDBAT connection: only in case the latter open is succesful, then the TCP connection is dropped. Different dual stack management policies (e.g., serial rather than parallel open, preference of either TCP or LEDBAT, etc.) can clearly affect the queuing delay statistics. As for the OS feature, we further point out that flavors of TCP differ among operating systems (with TCP NewReno for old Windows version, Compound for Windows since Vista and Cubic for Linux), whose different congestion window dynamics clearly affects the queuing delay statistics. Finally, other hidden factors may play an important role. For instance, the number of torrents on which external peers are participating at the same time (increasing the number of simultaneous connections, and the size and diversity of the neighborhood), whether a peer is leecher or seed on those torrents (seed always have content and may experience higher delay), etc. Such factors are clearly unavoidable, but even a large-scale study involving more features could have hard times in precisely isolating the impact of each factor.

V. RELATED WORK

Recently, work started characterizing user bufferbloat [11], [12]. Netalyzr [12] measures the bufferbloat with an active methodology that saturates the uplink/downlink during short periods of time, so that maximum queuing delays are measured. Differently from [12], our methodology does not require end-user cooperation and can continuously monitor the actual user bufferbloat. Bufferbloat problems in 3G/4G networks are exposed in [11] by instrumenting devices to perform RTT measurement – RTT could possibly couples the sum of two queuing delays, unlike in our work where we precisely measure a single queue.

Recent experimental work on LEDBAT and BitTorrent [6], [13] focuses on the congestion control properties of LEDBAT [13], or exploits BitTorrent for crowdsourcing ISP characterization [6] mainly focusing on datarates – our work is in line with this approach, that it complements with queuing delays information.

VI. AFTERMATH

This paper analyze the bufferbloat experienced by BitTorrent users: it seems that while LEDBAT alleviates the problem for most users, it does not solve it entirely, as some users may still experience significant queuing delays. Additionally, we find that several factors such as access type, operating system and BitTorrent client may concur in determining user QoE degradation. As future work, we aim at applying the methodology at large, either e.g., integrating the methodology in Dasu [6], that has been installed by over 500K peers in 3K networks, or by conducting a large scale passive measurement campaign with Tstat.

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